

THE MOST HOLY BODY AND BLOOD OF CHRIST (A) Corpus Christi

Saturday 6th	Monkwick	5.00 pm	Robert Bradshaw RIP
Sunday 7th	Church	8.00 am	Joy & Bernard Richardson RIP
	Church	10.30 am	Private Intention
	Church	1.30 pm	First Holy Communion Mass
	Church	4.00 pm	Filipino Mass
	Church	6.30 pm	Ilona Luczi RIP
	West Mersea	8.30 am	Canon John Bloomfield
	Mile End	9.30 am	Bridget Brady RIP

Monday 8th			Feria
	Church	9.30 am	Ginette Pasnin RIP

Tuesday 9th			Feria
	Church	9.30 am	Ints: Chris Maughan

Wednesday 10th			Feria
	Church	9.30 am	Roger Espejo RIP

Thursday 11th			St Barnabas, Ap
	Church	9.30 am	Deliana Delfino RIP

Friday 12th			THE MOST SACRED HEART OF JESUS
	Church	9.30 am	Ints: Borowiak Family

Saturday 13th			The Immaculate Heart of Mary
	Church	9.30 am	Carole Thompson RIP
	Church	4.00 pm	Our Lady of Fatima Procession + Polish Mass

ELEVENTH SUNDAY IN ORDINARY TIME (A)

Saturday 13th	Monkwick	5.00 pm	Ellen Kate RIP
Sunday 14th	Church	8.00 am	Margaret Murray
	Church	10.30 am	James, Mary + John Galvin RIP
	Church	2.00 pm	Polish Mass
	Church	3.00 pm	First Holy Communion Mass
	Church	6.30 pm	Parishioners
	West Mersea	8.30 am	Private Intention
	Mile End	9.30 am	Ints: Margaret Brooks

- ❖ For Baptisms, Weddings and Funerals, please email or contact our parish office.
- ❖ Baptism Godparents: A Godparent must be fully initiated in the Catholic Church. This means they have received the Sacraments of Baptism, Eucharist, and Confirmation. You only need one Godparent.
- ❖ Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Thank you.
- ❖ Sacrament of Reconciliation (Confession) Saturdays after 9.30am Mass (Priory Street) to 10.30am; after 5.00pm Mass at Monkwick; And by appointment.
- ❖ Church Loop System: Please note that the Church loop system serves all the seats in the centre Nave but not the aisles or the chancel.
- ❖ Mass Intentions. Envelopes are available in Church Porch; Suggested Stipend £10 a mass.

➤ **Cardinal Bourne Hall Enquiries/Bookings:** colchester@brcdt.org

➤ **SVP (St Vincent de Paul Society):** email: colchestersvp@gmail.com

CUPPA CLUB: We meet **every Thursday from 10.00am to 11.30am** in the Hall.

SUNDAY COFFEE MORNING after 10.30am Mass in Cardinal Bourne Hall.

 Please check out our Facebook page for all the latest Parish/Diocese/Vatican News/ Clergy + Church photos/videos. Please remember to like and follow our page!

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



St James the Less & St Helen

Parish Priest:
Assistant Priest:

Fr. Philip Okoli
Fr Gervase Moo

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St James the Less and St Helen RC Church, Colchester

THE MOST HOLY BODY & BLOOD OF CHRIST (A)

Corpus Christi



Week Commencing 7th June 2026

Dear friends, after the Eucharistic summit of Holy Thursday, we gather every time for a great feast of the Eucharist, and today celebrate the Feast of the Blessed Sacrament, the Body and Blood of Christ. It is Jesus who gives himself as food. He wanted to leave us his presence in the form of a meal. The Eucharist is truly the essential nourishment of our lives. It is true that we are not worthy of it, but we need it. The readings for this Sunday, therefore, prepare us to receive this gift from God. From the Book of Deuteronomy, God humbled the people in the desert to see if they would be faithful to him or not. Through receiving the body of Christ, we are all made one and become a single body, which has Christ as its head. Today's feast has the Last Supper on Holy Thursday night as its backdrop and origin, but we celebrate it today in thanksgiving for the great gift we receive through the body and blood of Christ given for us. The Gospel offers us an excerpt from the long discourse on the Bread of Life. This took place after the multiplication of the loaves near the Sea of Galilee. Until then, Jesus had asked his listeners to believe in his word. Now, he takes a further step in revealing himself. This bread he speaks of, he says, is himself, the "living bread"; he also says that it is "his flesh given for the life of the world." He thus announces his death, which he presents as the gift of eternal life to the world. Peace be with you

Fr Gervase

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45am
DAILY	Morning Prayer	at 9.15am
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00pm
LECTIO DIVINA- In Church Crypt	1 st Wednesday of Month – 3 rd June	at 10.15am



THE POPE'S INTENTIONS FOR JUNE: *For the values of sports. Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.*

MARRIAGE MATTERS: (Deuteronomy 8:2-3, 14-16 1 Corinthians 10:16-17 John 6:51-58) **Feed your love.** Without food we die! Our wedding promise was to nourish each other so that we bring life to our marriage. We feed each other in all the little countless ways, but particularly in our tender lovemaking, our talking and listening, support and encouragement, particularly in times of doubt and uncertainty. In these ways our marriage will grow and shine.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Denise McCarthy, Margaret E, Margaret Brooks, Jimmy Clarin, Edwina Pastor, J Brian Critchley, Ron & Margaret Griffin, Margaret Hawkins, Valerie Thurston, Grace McCartney, Diana Irvén, Mrs. Maureen McKenna, Peter Wyatt, Hilda Morah, Sean Brennan, Nicollas and Adam Campbell-Vencarto. We also pray for all people who are ill or are in need.

† **RECENTLY DECEASED:** Please pray for the repose of the soul of Isobel “Bel” Teresa Healy who has recently passed away. The parish community offers her family & friends our condolences and the assurance of our prayers at this most difficult time. Isobel's reception into church will be on Wednesday 24th June at 4.00pm and funeral service on Thursday 25th June at 11.30am at St James the Less. May she rest in peace, Amen.

SECOND COLLECTION (7th June 2026): This weekend a collection will be taken at all Masses in respect of the Sick & Retired Clergy Fund. The Sick & Retired Clergy Fund is part of the Diocesan Charity, which provides financial assistance and support to priests of the diocese who are permanently or temporarily incapacitated by old age, infirmity or illness.

BAPTISMS: Baptism is a Sacrament of faith, and the Church asks for a serious and loving commitment by the parents and godparents of a child to live the life of the Sacraments. For children aged 7 and below:

- At least one parent should be a practising Catholic (*sight of a copy of baptism certificate may be required*)
- Parent(s) must attend Infant Baptism preparation sessions with the priest
- Required: either one godparent, or two (*one male + one female*), who is a confirmed Catholic over the age of 16

REPOSITORY: There is a good selection of rosaries, cards including First Holy Communion cards, books and assorted items available for sale in the church porch. Please leave money for purchases in the Repository wall box. Thank you.

NATIONAL MARRIAGE WEEK: Please pray for all those living out the vocation to marriage and couples preparing to marry. Support is available for those who need it, and Fr Philip can point you in the right direction. If you are celebrating a significant anniversary this year, please let us know so that you can be invited to the **Mass of Thanksgiving in the Cathedral on Saturday 11th July.**

Gift Aid Subscribers: There are a couple of Gift Aid envelopes to be collected by existing subscribers in the Church porch. If no longer using these – please advise us. Thank you.



SAVE THE DATE: AFTERNOON STRAWBERRY TEA PARTY on Sunday 12th

July 2026 from 3.00pm in Cardinal Bourne Hall. Sandwiches, scones, cakes, strawberries and cream, Tea, Coffee, Soft Drink, Pimm's, Wine available. NB. We will also be screening the Wimbledon Tennis Final for anyone keen not to miss this!

Tickets are now available for sale; Adults £6, Children £3, Under 5s free, Family ticket £15 (2 adults + up to 3 children).

NEXT DICOESAN 2nd COLLECTIONS: Day for Life 21/06/26+Peter's Pence 28/06/26



OUR LADY OF WALSINGHAM STATUE: From June 2026- If you would like to host the statue at your home and pray the Rosary for a week. please contact Gemma – Tel: 01206 844751 or email olwstatue2024@gmail.com

TRUSTEE NEEDED: The Rosary Trust is a small Catholic Multi Academy Trust based in Colchester. We have seven primary schools across Clacton, Dovercourt, Colchester, Witham and Chelmsford. We meet 6 times a year as a trust board for about 2hrs in the morning. If you could volunteer your time to work with our friendly board, please email us on office@st-thomasmores.essex.sch.uk No particular skills are required, just a genuine interest in education in our Catholic schools. We look forward to hearing from you.

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY invites you to a wonderful charity two-course luncheon at the beautiful Grade II listed Georgian house, The Lawn in Rochford. **Friday June 19th - 13:00-15:30** - Tickets are £38.50 per person. Please scan the QR code to book or go to <https://www.bccs.org.uk/get-involved/events-campaigns/>



KNIGHTS OF SAINT COLUMBA LENTEN FUNDRAISING: A huge thank you to all those who supported our various fundraising events over the course of Lent, we raised £520.00. A Poster is in the church porch with breakdown of donations to charities supported this year.

MISSION MASS WITH MISSIO AND THE MILL HILL MISSIONARIES on Saturday 20th June at 11.00am (Clacton-on-Sea) Fr. Patrick Daly (Missio Diocesan Director) invites all Missio Red Box holders and the Parish community to a special Mission Mass at Our Lady of Light in Church Road, Clacton-on-Sea (CO15 6AG). This is followed by a shared lunch. Please email redbox@missio.org.uk if you wish to attend.

KSC SOUTHERN PROVINCES AYLESFORD PILGRIMAGE 2026: Join us for our annual pilgrimage to Aylesford on **Sunday the 28th of June.** Bring a picnic and enjoy the wonderful grounds following Mass in the open-air shrine to St Simon Stock with the Carmelite friars. In the afternoon there will be a rosary procession. For more info call Justin on 07540 050814.

THE LEGACY OF ST FRANCIS: A fully edited version of the recent talk given by Fr Alban McCoy^{OFM} Conv to mark 800 yrs since the death of St Francis of Assisi is now available free of charge from the home page of www.whatgoodnews.org

STANDING ORDERS AND GIFT AID: Have you thought about giving by standing order? This really helps us to manage our finances. Gift-aiding your donations enables the Parish to reclaim tax at no cost to you! Gift-Aid + Standing Order forms are in the Church porch.

BRENTWOOD DIOCESE VACANCIES: The Diocese of Brentwood is accredited by the Living Wage Foundation as a Living Wage Employer. For all vacancies, please go to <https://www.dioceseofbrentwood.net/diocese/working-for-us/>

THE DISCOVERING CHESTERTON CONFERENCE will take place in London on **Sat 13th June.** Learn about the life and work of Gilbert Keith Chesterton, Catholic journalist, novelist, essayist, apologist, lecturer, playwright, poet, at this 1-day conference. Booking Required Ticket Price: £15. For details: www.catholicgkchestertonociety.co.uk

CHURCH CLEANING: Friday 12/06/26: **Team 5** / Thursday 18/01/26: **Team 1**

COFFEE MORNING: 07/06/26: Peggy & Anne / 14/06/26: Yolande + 1