

THE MOST HOLY TRINITY (A)			Day for Life
Saturday 30th	Monkwick	5.00 pm	Giovanni Eugenia Demeck RIP
Sunday 31st	Church	8.00 am	Ginette Pasnin RIP
	Church	10.30 am	Ints: Thushyantha
	Church	2.00 pm	Polish Mass
	Church	6.30 pm	Parishioners
	West Mersea	8.30 am	Private Intention
	Mile End	9.30 am	Barry Fitzgerald RIP

Monday 1st June	DEDICATION OF THE CATHEDRAL CHURCH OF ST MARY & ST HELEN, BRENTWOOD		
	Church	9.30 am	Rimantas Masiitis RIP
	West Mersea	11.00 am	Funeral Mass: Frances Vivienne Fergus RIP

Tuesday 2nd	Church	9.30 am	Feria of Ninth Week in Ordinary Time Ginette Pasnin RIP
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Wednesday 3rd	Church	9.30 am	St Charles Lwanga and Comps, Mm M Henry Stewart
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Thursday 4th	Church	9.30 am	Feria of Ninth Week in Ordinary Time Ints: Thushyantha
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Friday 5th	Church	9.30 am	St Boniface, Bp, M Ints: Bridget Wick
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Saturday 6th	Church	9.30 am	Memorial of the Blessed Virgin Mary Carole Thomson RIP
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THE MOST HOLY BODY AND BLOOD OF CHRIST (A)			Corpus Christi
Saturday 6th	Monkwick	5.00 pm	Robert Bradshaw RIP
Sunday 7th	Church	8.00 am	Joy & Bernard Richardson RIP
	Church	10.30 am	Private Intention
	Church	1.30 pm	First Holy Communion Mass
	Church	4.00 pm	Filipino Mass
	Church	6.30 pm	Ilona Luczi RIP
	West Mersea	8.30 am	Canon John Bloomfield
	Mile End	9.30 am	Bridget Brady RIP



- ❖ For Baptisms, Weddings and Funerals, please email or contact our parish office.
- ❖ Baptism Godparents: A Godparent must be fully initiated in the Catholic Church. This means they have received the Sacraments of Baptism, Eucharist, and Confirmation. You only need one Godparent.
- ❖ Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Thank you.
- ❖ Sacrament of Reconciliation (Confession) Saturdays after 9.30am Mass (Priory Street) to 10.30am; after 5.00pm Mass at Monkwick; And by appointment.
- ❖ Church Loop System: Please note that the Church loop system serves all the seats in the centre Nave but not the aisles or the chancel.
- ❖ Mass Intentions. Envelopes are available in Church Porch; Suggested Stipend £10 a mass.

- **Cardinal Bourne Hall Enquiries/Bookings:** colchester@brcdt.org
- **SVP (St Vincent de Paul Society):** Tel: 07493 439427/email: colchestersvp@gmail.com
- **KNIGHTS OF ST COLUMBA** – If you need help, please call 07476781885

CUPPA CLUB: We meet every Thursday from 10.00am to 11.30am in the Hall.
SUNDAY COFFEE MORNING after 10.30am Mass in Cardinal Bourne Hall.

Please check out our Facebook page for all the latest Parish/Diocese/Vatican News/Clergy + Church photos/videos. Please remember to like and follow our page!



ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



St James the Less & St Helen

Parish Priest:
Assistant Priest:

Fr. Philip Okoli
 Fr Gervase Moo

Address: 51 Priory Street, Colchester, Essex, CO1 2QB

Tel: 01206 866317

E-Mail: colchester@brcdt.org

Website: www.stjamesthelessandsthelen.org



St James the Less and St Helen RC Church, Colchester

THE MOST HOLY TRINITY (A)

Day For Life

Week Commencing 31st May 2026

The Easter season has just ended, and we return to Ordinary Time. After the joy of the Resurrection, we now enter the quieter, everyday rhythm of Christian life. Today, however, we celebrate a profound mystery: the Solemnity of the Most Holy Trinity. We pause to reflect on who God is, one God in three Persons: Father, Son, and Holy Spirit. It is not a mystery to be solved, but one to be lived and loved. The Trinity reminds us that God is not distant or alone, but a perfect communion of love. And we are invited into that love. In our families, our friendships, and our parish life, we are called to reflect something of that unity, care, and self-giving. As we settle into Ordinary Time, may we carry this truth with us: the God who created us, saved us, and lives within us is a God of relationship. Let us open our hearts to Him and to one another. May the grace of our Lord Jesus Christ, the love of God the Father, and the communion of the Holy Spirit be with us all.

Fr Philip

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45am
DAILY	Morning Prayer	at 9.15am
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00pm
LECTIO DIVINA- In Church Crypt	1 st Wednesday of Month – 3 rd June	at 10.15am

THE POPE'S INTENTIONS FOR JUNE: *For the values of sports. Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.*



MARRIAGE MATTERS: (Exodus 34:4-6, 8-9 2 Corinthians 13:11-13 John 3:16-18) **Be united and live in peace.** In today's readings, God is revealed as full of compassion, tenderness and love for His people. Through the sacrament of marriage, we are called to reflect these qualities through our relationship with each other. When we are irritated and react angrily, it is important that we look at ourselves together, trying to recognise why, and seek to correct the causes.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Denise McCarthy, Margaret E, Margaret Brooks, Jimmy Clarin, Edwina Pastor, J Brian Critchley, Ron & Margaret Griffin, Margaret Hawkins, Valerie Thurston, Grace McCartney, Diana Irven, Mrs. Maureen McKenna, Peter Wyatt, Hilda Morah, Sean Brennan, Nicollas and Adam Campbell-Vencarto. We also pray for all people who are ill or are in need.

† **RECENTLY DECEASED:** Please pray for the repose of the soul of Isobel "Bel" Teresa Healy who has recently passed away. The parish community offers her family & friends our condolences and the assurance of our prayers at this most difficult time. Isobel's reception into church will be on Wednesday 24th June at 4.00pm and funeral service on Thursday 25th June at 11.30am at St James the Less. May she rest in peace, Amen.

NEXT DICOESAN SECOND COLLECTIONS: Sick & Retired Clergy Fund on 7th June and Day for Life on 21st June.



NEW MASS BOOKS FOR THE CHURCH (Year A, Part 2): Our thanks to everyone who has generously donated towards our parish mass books. We are incredibly blessed to have you all in our congregation. May God bless you abundantly for your kindness!

OUR LADY OF FATIMA PROCESSION: The next Procession will take place on Saturday 13th June at 4.00pm followed by mass in Polish + Rosary. **POLISH MASS:** Please note that on **Sunday 7th June (Corpus Christi)** there will be No Polish Mass at Priory Street – Mass will be at Ipswich only.

BAPTISMS: Baptism is a Sacrament of faith, and the Church asks for a serious and loving commitment by the parents and godparents of a child to live the life of the Sacraments. For children aged 7 and below:

- At least one parent should be a practising Catholic (*sight of a copy of baptism certificate may be required*)
- Parent(s) must attend Infant Baptism preparation sessions with the priest
- Required: either one godparent, or two (*one male + one female*), who is a confirmed Catholic over the age of 16

REPOSITORY: There is a good selection of rosaries, cards including Confirmation + First Holy Communion cards, books and assorted items available for sale in the church porch. Please leave money for purchases in the Repository wall box. Thank you.



SAVE THE DATE: AFTERNOON STRAWBERRY TEA PARTY on **Sunday 12th**

July 2026 from 3.00pm in Cardinal Bourne Hall. Sandwiches, scones, cakes, strawberries and cream, Tea, Coffee, Soft Drink, Pimm's, Wine available. NB. We will also be screening the Wimbledon Tennis Final for anyone keen not to miss this!

Tickets are now available for sale; Adults £6, Children £3, Under 5s free, Family ticket £15 (2 adults + up to 3 children).

NATIONAL MARRIAGE WEEK: Please pray for all those living out the vocation to marriage and couples preparing to marry. Support is available for those who need it, and Fr Philip can point you in the right direction. If you are celebrating a significant anniversary this year, please let us know so that you can be invited to the **Mass of Thanksgiving in the Cathedral on Saturday 11th July.**



OUR LADY OF WALSINGHAM STATUE: From June 2026- If you would like to host the statue at your home and pray the Rosary for a week. please contact Gemma – Tel: 01206 844751 or email olwstatue2024@gmail.com

WEDNESDAY FILM GROUP: The Final Film screening will take place on **Wednesday 3rd June 2026 at 12.00pm** in Cardinal Bourne Hall. All are welcome.

TRUSTEE NEEDED: The Rosary Trust is a small Catholic Multi Academy Trust based in Colchester. We have seven primary schools across Clacton, Dovercourt, Colchester, Witham and Chelmsford. We meet 6 times a year as a trust board for about 2hrs in the morning. If you could volunteer your time to work with our friendly board, please email us on office@st-thomasmores.essex.sch.uk No particular skills are required, just a genuine interest in education in our Catholic schools. We look forward to hearing from you.

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY invites you to a wonderful charity two-course luncheon at the beautiful Grade II listed Georgian house, The Lawn in Rochford. **Friday June 19th - 13:00-15:30** - Tickets are £38.50 per person. Please scan the QR code to book or go to <https://www.bccs.org.uk/get-involved/events-campaigns/>



VACANCY: Parish Administrator for the linked parishes of Our Lady Immaculate, Holy Name and St Augustine – Chelmsford: A vacancy has arisen for a Parish Administrator, with financial experience, to provide administrative & financial support to the Parish Office by implementing and maintaining office systems, processes and procedures and delivering a welcoming, appropriate service to those attending the parish office. The full job description is available on our website www.dioceseofbrentwood.net/diocese/working-for-us The closing date for applications is **7th June 2026.**

MISSION MASS WITH MISSIO AND THE MILL HILL MISSIONARIES on **Saturday 20th June at 11.00am** (Clacton-on-Sea) Fr. Patrick Daly (Missio Diocesan Director) invites all Missio Red Box holders and the Parish community to a special Mission Mass at Our Lady of Light in Church Road, Clacton-on-Sea (CO15 6AG). This is followed by a shared lunch. Please email redbox@missio.org.uk if you wish to attend.

KSC SOUTHERN PROVINCES AYLESFORD PILGRIMAGE 2026: Join us for our annual pilgrimage to Aylesford on **Sunday the 28th of June.** Bring a picnic and enjoy the wonderful grounds following Mass in the open-air shrine to St Simon Stock with the Carmelite friars. In the afternoon there will be a rosary procession. For more info call Justin on 07540 050814.

THE LEGACY OF ST FRANCIS: A fully edited version of the recent talk given by Fr Alban McCoy^{OFM} Conv to mark eight hundred years since the death of St Francis of Assisi is now available free of charge from the home page of www.whatgoodnews.org

CHURCH CLEANING: Monday 01/06/26: **Team 4** / Friday 12/06/26: **Team 5**

COFFEE MORNING: 31/05/26: The O'Sullivan's / 07/06/26: Peggy & Anne