THE MOST HO	LY TRINITY (B)			
Saturday 25th	Monkwick	5.00 pm	Ints: Peter Gaynor	
Sunday 26 <sup>th</sup>	Church	8.00 am	Private Intention	
	Church	10.30 am	Rev L. Matthews	
	Church	$2.00 \; pm$	Polish Mass	
	Church	6.30 pm	Private Intention	
	West Mersea	$8.30 \ am$	Parishioners	
	Mile End	9.30 am	Paul Richard B Brusola RIP	
Monday 27th			ST AUGUSTINE OF CANTERBURY, Bp	
	Church	9.30 am	Anniversary: John McFadden RIP	
Tuesday 28th			Feria	
	Church	$9.30 \ \text{am}$	George Kourlas RIP	
Wednesday 29 <sup>t</sup>	th		Feria	
	Church	9.30 am	Ints: J. R-R	
	Church	12.30 pm	FUNERAL SERVICE: Derrick Arthur Chater RIP	
Thursday 30 <sup>th</sup> THE VISITATION OF THE BLESSED VIRGIN MARY				
	Church	9.30 am	Robin Rennie	
Friday 31st			DEDICATION OF THE CATHEDRAL CHURCH MARY & ST HELEN, BRENTWOOD	
	Church	9.30 am	Michael Treby RIP	
Saturday 1st Ju			St Justin, M	
	Church	9.30 am	Henry Stewart	
THE MOST HOLY BODY AND BLOOD OF CHRIST (B) (CORPUS CHRISTI) HOLYDAY OF OBLIGATION				
Saturday 1st	Monkwick	$5.00 \; pm$	Holy Souls	
Sunday 2 <sup>nd</sup>	Church	8.00 am	Helen O'Neill RIP	
	Church	10.30 am	Parishioners	
	Church	NO MASS	Polish Mass	
	Church	$4.00 \; \text{pm}$	Filipino Mass	
	Church	6.30  pm	Private Intention	
	West Mersea	$8.30 \ \text{am}$	John Wrobel RIP	
	Mile End	9.30  am	Private Intention	

- For Baptisms, Weddings and Funerals, please email or contact our parish office.
- Baptism Godparents: A Godparent must be fully initiated in the Catholic Church. This means they have received the Sacraments of Baptism, Eucharist, and Confirmation. You only need one Godparent. It does not matter if they are male or female. There is no provision for more than two godparents.
- Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us at least 6 months in advance. Thank you.
- ❖ Sacrament of Reconciliation (Confession) Saturdays after 9.30<sub>am</sub> Mass (Priory Street) and after 5.00<sub>pm</sub> Mass (Monkwick).
- ❖ Mass Intentions. Envelopes are available in Church Porch and are situated either side of Church entrance, please complete envelope & drop through presbytery door.
- Cardinal Bourne Hall Enquiries/Bookings: colchester@brodt.org
- SVP (St Vincent de Paul Society): Tel: 07493 439427/email: colchestersvp@gmail.com



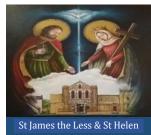
Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to like and follow our page!

# ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

### WITH MERSEA, MILE END AND MONKWICK

### 1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest: Assistant Priest: Mar. Christopher Brooks

Fr. Philip Okoli

Address:

51 Priory Street, Colchester, Essex, CO1 2QB 01206 866317

Tel: E-Mail:

colchester@brcdt.org

Website:

www.stjamesthelessandsthelen.org



St James the Less and St Helen RC Church. Colchester

## THE MOST HOLY TRINITY

Week Commencing 26<sup>th</sup> May 2024



The mystery of the Holy Trinity which we celebrate today is the central mystery of the Christian faith. As the Catechism of the Catholic Church states, "The Mystery of the Most Holy Trinity—the Father, the Son, and the Holy Spirit-infinitely surpasses all possibilities of human understanding." Yet, through divine revelation, we can gain insight into the depths of this profound truth. The Triune God is one in being and undivided, yet three distinct Persons - the Father, the Son, and the Holy Spirit. St Thomas Aquinas says that Christian faith is trinitarian in nature. And that is why all our prayers are in the name of the Most Holy Trinity, God the Father, Jesus the Son of God, and the Holy Spirit who proceeds from the Father and the son. Three persons, one God. The Trinity is not merely an abstract doctrine, but the very self-manifestation of God, drawing us into the depths of the mystery of His life and love. Through our encounter with the Triune God, we are saved, healed, and restored to relationship with Him. The Church's communion flows from the communion of the Blessed Trinity. As we contemplate the unfathomable mystery of the Trinity, may we ever grow in our understanding and experience of the Triune God, who is the source of all life and love. Fr. Philip

#### PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 <sub>am</sub>
DAILY	Morning Prayer	at 9.15 <sub>am</sub>
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 <sub>pm</sub>



THE POPE'S INTENTIONS FOR MAY: For the formation of religious and seminarians. We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

PRAYER FOR WORLD PEACE. Lord, we ask for your divine intervention and peace to prevail in Ukraine, Palestine and in every land wounded by war. We pray for all those suffering or afraid, that you will be close to them and protect them. We ask that you guide leaders and nations to work toward lasting peace and stability around the world. Amen



MARRIAGE MATTERS: (Deuteronomy 4:32-34, 39-40 Romans 8:14-17 Matthew 28:16-20) The Blessed Trinity is an intimate love relationship. Jesus summarises the commandments: love God and your neighbour. The intimacy of married love has this high calling: wholly love God and love each other, we are one another's closest neighbour. It is said that married love most closely reveals the love relationships in the Trinity: three persons in one God, calls us to be two persons in one flesh.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Valerie Thurston, Jimmy Clarin, Grace McCartney, Diana Irven, Mrs. Maureen McKenna, Ron & Margaret Griffin, Peter Wyatt, Elizabeth Pace, Hilda Morah, Jason Christopher McLean, Nicollas and Adam Campbell-Vencarto, Maureen R. We also pray for all persons who are ill or are in need.

NEXT DIOCESAN 2<sup>nd</sup> COLLECTION: There will be a 2<sup>nd</sup> collection taken for the Sick & Retired Clergy Fund on Sunday 2<sup>nd</sup> June. The Sick & Retired Clergy Fund is part of the Diocesan Charity, which helps and supports our retired and sick clergy.

MARRIAGE & FAMILY LIFE: Bishop Alan will be celebrating the annual Mass of Thanksgiving for Marriage and Family Life in the Cathedral on Saturday 13th July at 3.00pm, followed by a reception in the hall. If you are recently married or preparing for marriage or celebrating a significant wedding anniversary, please let Fr Chris know that you would like to attend this event.

REPOSITORY: First Holy Communion cards & booklets are now available for sale in the Church Porch along with a good selection of Rosaries and Mass intention cards.

SVP DONATION BOX: With the support of compassionate people like you, the SVP stands ready to extend the helping hand of friendship to those experiencing loneliness, desperation and hardship. By making a donation, you have the power to make a difference to someone's life by offering them hope, reassurance and a chance for a better future. There is an SVP Donation box in the Church porch if you wish to make a donation to assist them in their work.



CUPPA CLUB: We meet every Thursday from 10.00<sub>am</sub> to 11.30<sub>am</sub> in the Hall. SUNDAY COFFEE MORNING after 10.30<sub>am</sub> Mass in Cardinal Bourne Hall.

YOUTH MASS, THURSDAY 6TH JUNE 2024, BRENTWOOD CATHEDRAL: This may be a busy and stressful time for many of you, particularly those taking exams. The Cathedral and Parish Hall will be open for you to socialise, pray and celebrate Mass with us, or pop in for a break from revision, change of scenery or quiet personal prayer. Pizza from 6pm in the Parish Hall, Mass at 7:30pm in the Cathedral.

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY is pleased to host their first Charity Tribute Night featuring ABBA Chique at the Mill Hall Arts & Events Centre in Rayleigh on Friday 12th July from 7.30 to 11pm. Please spread the word among friends and family, join them at this special anniversary event and get ready to dance and sing along to your favourite ABBA hits! Tickets cost £20 plus a small booking fee and can be purchased via Eventbrite https://www.eventbrite.co.uk/e/abba-tribute-night-tickets-849314000037 Please keep your e-ticket to show on entry to the venue. All details can be found on the BCCS website: www.bccs.org.uk/get-involved/events/

WALSINGHAM HOUSE ANNIVERSARY MASS, 31ST AUGUST AT WALSINGHAM HOUSE AT ABBOTSWICK: Celebrate 40 years of team at Walsingham House with us, beginning with Mass celebrated by Bishop Alan at 12<sub>pm</sub> followed by celebrations at our beautiful retreat house just outside Brentwood.

CATHOLIC SOCIAL TEACHING IN AN ELECTION YEAR: On Saturday 15th June Raymond Friel OBE, CEO of Caritas Social Action Network, will lead a Study Day, reflecting on Catholic Social Teaching and what the Church says about democracy and voting. Talks will be at the Catholic Church of Christ the Eternal High Priest, Gidea Park (RM2 6DH). Coffee will be available from 10.30 am and the talks begin at 11 am, and conclude by 2 pm. This is an in-person event, also available online at www.whatgoodnews.org If you intend to be present please email gideapark@brcdt.org Please bring a packed lunch. No booking necessary for online participation. Simply go to the website. Talks will be available on the website after the event.

ACT NOW TO STOP DIY ABORTION UP TO BIRTH: MPs Diana Johnson and Stella Creasy have both tabled amendments to the Government's Criminal Justice Bill that would decriminalise abortion. In different ways, they would essentially legalise DIY abortion up to birth, for any reason. Please contact your MP urgently, asking them to oppose these extreme and barbaric proposals. You can do this using SPUC's easy to use webtool, at https://www.spuc.org.uk/abortionamendments. The amendments will be debated on 4 June, so please contact your MP NOW. Please pray for the defeat of these amendments, for protection of unborn babies, and help and comfort for mothers in need.

**HUMAN LIBRARY**: Thursday 4<sup>th</sup> July, 16.00-19.00. Essex Police, with Essex Faith Covenant, Essex Mind and Spirit and Healthwatch Essex, invite you to their Human Library event at St John Payne Catholic School, Chelmsford, CM1 4BS. Pop in any time between 16.00-19.00 to hear people's real-life stories including topics of, "Why I became a Catholic Priest", "Spirituality at the End of Life", "Women in Islam", Addiction, struggles with ADHD and much more. See link to register interest and receive more information or contact Hannah Kelly on Hannah.kelly@essex.police.uk. https://forms.office.com/e/9FtyzbhVfH

DIOCESE OF BRENTWOOD VACANCIES: Please see notice in church or Facebook page

### **CHURCH CLEANING TEAM ROTA FOR JUNE**

Fri 07/06/24: **Team 5** Thurs 13/06/24: Team 1 Mon 17/06/24: **Team 2** Mon 24/06/24: **Team 3** 

New Church Cleaning Rota's are available in the Church Porch.

#### **COFFEE MORNING ROTA FOR JUNE**

26/05/24: Matthew + Mariamma 02/06/24: African Community 16/06/24: The O'Sullivan's 23/06/24: Peggy & Anne 30/06/24: Yolande + 1