

ST. JAMES THE LESS AND ST. HELEN CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY

SIXTEENTH SUNDAY IN ORDINARY TIME (C)

Saturday 20th	Church	6.15 pm	Anthony Southon RIP
Sunday 21st	Church	8:00 am	Joseph + Bridget Loftus RIP
	Church	10:30 am	Parishioners
	Church	2:00 pm	Polish Mass
	Church	6:30 pm	
West Mersea		8:30 am	
Mile End		9:15 am	Paul Williams RIP
Monkwick		10:15 am	Wilga Lyons RIP

Monday 22nd	Church	9.30 am	ST MARY MAGDALENE Mr K. T. George RIP
Tuesday 23rd	Church	9.30 am	ST BRIDGET OF SWEDEN, Rel, Canon T. W. Clarke + Family
Wednesday 24th	Church	12.15 pm	Feria Canon T. W. Clarke + Family
Thursday 25th	Church	9.30 am	ST JAMES, Ap Stephen Hilton RIP
Friday 26th	Church	9.30 am	Ss Joachim and Anne, Parents of the BVM Ints: Staff Kelvedon + Feering Health Centre
	Colchester General Hospital	12.00 pm	Hospital Mass
Saturday 27th	Church	9.30 am	Feria Ints: Dr Mary Malone + Family + Associates

SEVENTEENTH SUNDAY IN ORDINARY TIME (C)

Saturday 27th	Church	6.15 pm	Xavier Swampillai + Marie Bastianpillai RIP
Sunday 28th	Church	8:00 am	
	Church	10:30 am	
	Church	2:00 pm	Polish Mass
	Church	6:30 pm	
West Mersea		8:30 am	Parishioners
Mile End		9:15 am	Derrick Foley RIP
Monkwick		10:15 am	

SACRAMENT OF RECONCILIATION (Confession):	Saturday 9:45am - 10:30am; 5:30pm - 6.00pm
SACRAMENT OF MARRIAGE:	At least six months' notice is required
BAPTISM COURSE:	www.stjamesthelessandsthelen.org under Events where a list of course dates are available

COLCHESTER GENERAL HOSPITAL: If you would like to arrange for a priest to visit a Catholic relative in hospital please contact the presbytery direct on (01206) 866317. We can also arrange for a Eucharistic Minister to visit patients so that they may receive Holy Communion if they do not require a priest visit or are long term in-patients.



St. James the Less & St. Helen

Parish Priest:	Mgr. Christopher Brooks
Assistant Priest:	Fr. John Victor Drabeesan
Assistant Priest:	Fr. Philip Willenbrock
Assistant Priest:	Fr. Gary Dench
Deacon:	Adrian Lowe

Address:	51 Priory Street, Colchester, Essex, CO1 2QB
Tel:	01206 866317
E-Mail :	colchester@dioceseofbrentwood.org
Website:	www.stjamesthelessandsthelen.org

SIXTEENTH SUNDAY IN ORDINARY TIME (C)
WEEK COMMENCING: 21ST JULY 2019 - PARISH MASS BOOK PAGE 111

The story of Martha and Mary should prompt us to think about our own lives of service and prayer. Most of us are probably more like one or the other. Some people like to be busy and active, but can often feel the anxiety and pressure of having a lot to do. Others are more like Mary, fulfilled by simply being in Christ's presence. But we should not think of them as being in competition. The Church and the world both need Marys and Marthas. Those of us not called to live a contemplative or monastic life should strive to seek a balance between work and prayer. Martha's frustration with Mary is natural – no doubt any parents with children who have household chores to do can confirm that! – but she has much to learn from Mary. Those of us like Martha need to hear the invitation of Christ to listen to his words of comfort and consolation. Those of us who are more like Mary, sitting at the feet of Christ, at some point need to stand up and live the Gospel which we have received.

Fr. Gary

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY	Morning Prayer	9.15am
DAILY	Rosary/Divine Mercy	8:35am
SUNDAYS:	Rosary/Divine Mercy	<i>following</i> 8.00am Mass
2 nd SUNDAY MONTHLY	Eucharistic Adoration	5.00pm - 6.00pm
CHRISTIAN MEDITATION	Tuesdays in Crypt	8.00pm

THE HOLY FATHER'S INTENTIONS FOR JULY: *The Integrity of Justice*

That those who administer justice may work with integrity, and that the injustice which prevails in the world may not have the last word.

MARRIAGE MATTERS: *Choosing 'the better part' is listening.* The Gospel relates the different ways Martha and Mary behaved. We too can fall into such patterns of behaviour. It's human nature to "worry and fret over so many things". Today's Scripture calls us to really listen, then, like Mary, we can choose "*the better part*". Let us recommit today to deepening our level of listening in our marriage.

PRAYERS FOR THE SICK: Please remember in your prayers, Nicollas and Adam Campbell-Vencarto, Pat Keene, Venetia Hetherington, Elizabeth Pace, Peter Ledgley, Hilda Morah, Patrick Kehoe.

RECENTLY DECEASED: Please pray for the repose of the souls of Alice White and (PJ) Patrick Joseph Cunningham, who have recently passed away. May they rest in peace and we also pray for the comfort of their bereaved family and friends. Alice's Requiem Mass will be held here on Thursday 1st August at 11.00am. Patrick's (PJ) funeral details are to be advised.

NEXT BAPTISM COURSE: for new-borns and children up to age 6 yrs. will take place on **Friday 6th September 2019** here in the Crypt from **7:30pm-9.00pm** (entrance to Crypt is via Church). No appointment is necessary. *[If you would like to present a child for Baptism aged 7 or older, please email the Parish Office].*

RCIA (Rite of Christian Initiation of Adults): Journey in Faith or RCIA is the process developed by the Catholic Church for those who are interested in finding out more about the Catholic Faith, teachings and practices with a view to becoming Catholics, or for those who have a background in the Catholic Faith but who have not yet been confirmed, or for anyone who wants to refresh their knowledge of the Catholic Faith. Sessions are held weekly from 7pm to 8.30pm on Thursday evening in the Crypt of the church and they will run from October until Easter. 2019 course details will be advised within the next few weeks. **To register your interest, please give your name and contact details to one of the priests. Thank You**

LENTEN TALKS 2020: We are pleased to advise that due to the success of this year's Lenten talks and the positive feedback received, these talks will be held again next year. We are looking for a volunteer to front the event and work alongside a small team of people who will be assisting. If interested and to find out more info, please speak to Fr Chris.

NEW EUCHARISTIC MINISTERS: Over the masses this weekend, our new Eucharist Ministers will be commissioned.

BIBLE STUDY GROUP led by Sister Angela Morris; the new term will start on **Wednesday 11th September**, in the Crypt from **10am.-12pm.** We will be exploring *Belief in the Spirit of God in the life of Israel and the world as expressed in the Bible.* Everyone welcome. Bring your Bible and an open heart.

ANNUAL PARISH FAMILY BBQ: Next **Saturday (27th July) from 3pm -5pm** in the Church presbytery garden. This is a chance to catch up with friends old and new whilst enjoying delicious food hot off the grill at the parish BBQ! A raffle will also be held on the day. Adults £6 and under 12's £4. Contact Norah (01206) 503410 or Frances (01206) 369568 for tickets in advance. Everyone is most welcome; we look forward to seeing you all.

WEDNESDAY FILM GROUP: The next Film showing is on Wednesday, **24th July**, with a **start time of 1.15pm** screening "*The Crusades*". Everyone is most welcome. No Entrance fee just make a donation towards refreshments

MILE END NEWS: Coffee Morning on **Sunday 4th August** after the 9:15am Mass at St Joseph's will be held at the Dog & Pheasant – All are most welcome.

ORDINATION OF REVEREND ADRIAN GABB-JONES: The Rev. Adrian Gabb-Jones will be ordained priest on **Wednesday 31 July** at St. Teresa of Lisieux Church, **Lexden at 7pm.** Please pray for him; parishioners are welcome to attend to the ordination.

ESSEX RECUSANT SOCIETY (BRENTWOOD DIOCESAN HISTORICAL SOCIETY): The AGM will be held at The Grange, Queens Road, Brentwood CM14 4EY, at **2.30pm**, on **Saturday 27th July.** This will be followed by a talk on 'Blessed John Beche, the last Abbot of Colchester', by Jennie Guthrie-Stevens, of the Colchester Catholic Heritage Society. Non-members most welcome.

THE ANNUAL DIOCESAN PILGRIMAGE TO LOURDES will feature on Lourdes TV (www.lourdes-france.org/en/tv-lourdes/) at 22.00 (UK time) on Monday 22nd July when we are part of the Marian (Torchlight) procession and at 09.30 (UK time) on Tuesday 23rd July, when we celebrate Mass at the Grotto. In addition, each day from Monday 22nd to Friday 26th July the **BCYS (Brentwood Catholic Youth Service)** will be offering "Virtual Pilgrimage" clips and highlights from Lourdes, including homilies from Bishop Alan and priests of the Diocese. You will find all these on the website www.bcys.net.

THE 9TH ANNUAL GK CHESTERTON PILGRIMAGE will take place on **Saturday 27th July**, please send any prayer requests to: CatholicGKCSociety@yahoo.co.uk or text them to 07795205114. Details of the many different ways in which you can be involved on the day, as well as printable GKC prayercards can be found on www.CatholicGKChestertonSociety.co.uk The Pilgrimage is on the nearest Saturday to the 30th July, the anniversary of Chesterton's reception into the Catholic Church.

COLCHESTER FOOD BANK: Food donations are especially welcome during the school holiday period, items of tinned/dry goods along with cleaning products & long life milk and fruit juices, squashes, hygiene & sanitary products, small multi-pack snacks, small washing powder/liquids, tea + coffee, biscuits, peanut butter + jams, mini chocolate bars. Please remember those in need in your prayers.

REMINDER: GIFT AID SUBSCRIBERS There are still uncollected boxes in church porch

SVP: turning concern into action - If you know of someone who is lonely, housebound or simply in need of a friend, please contact us, using the details below. If you would like to join us the details of our next meeting are at the back of the church, along with a collection box

❖ **SVP (St Vincent de Paul Society):** Tel: 07493 439427 or email: colchestersvp@gmail.com

❖ **CARDINAL BOURNE HALL BOOKINGS:** email: cb.hall@btinternet.com
or Tel: 07758 805263 [*answerphone only* – please leave a message with name + contact number].

CHURCH CLEANERS' ROTA: Monday 22nd July: **Team 1.**