

TWELFTH SUNDAY IN ORDINARY TIME (A)

Day for Life

Sunday 21st Church 11.30 am Des Fuller RIP**Monday 22nd** Church 8.15 am **SS JOHN FISHER, Bp & THOMAS MORE, Mi**
Herbert & Mary Guthrie-Stevens RIP**Tuesday 23rd** Church 8.15 am **Feria**
Sisenando & Rosario De Jesus**Wednesday 24th** Church 8.15 am **NATIVITY OF ST JOHN THE BAPTIST**
James Donovan RIP**Thursday 25th** Church 8.15 am **Feria**
Ints: Paul Thurgood**Friday 26th** Church 8.15 am **Feria**
Norman Bagley RIP**Saturday 27th** Church 8.15 am **Feria**
Ints: Rob & Anne Curran**Sunday 28th** Church 11.30 am **SS PETER AND PAUL, App (A)** **HOLIDAY OF OBLIGATION**
John Hopgood RIP**SACRAMENT OF RECONCILIATION** (confession) By appointment – please contact us**SACRAMENT OF MARRIAGE:** At least six months' notice is required**BAPTISM COURSE:** Contact the parish office**Please pray for any parishioners who are suffering from the virus or self-isolating.**Lord God, we entrust to you the families and communities
affected by Coronavirus, wherever they may be.

We pray especially for health care workers, that you may guide and protect them.

We pray that your Spirit might inspire those researching new medicines and treatments.
And in the midst of this, keep us strong in faith, hope and love. Grant us the courage and
perseverance to be good neighbours.May the words of your Son Jesus Christ in the Our Father,
be our prayer as we entrust ourselves and all of us who are affected
to your infinite power and love. Amen.**LIVE STREAMING OF MASSES:** The following link is to a website that has live streaming of
church services in the UK <https://www.churchservices.tv/>**WALSINGHAM:** the Shrine of Our Lady of Walsingham has a 24 hour livestream service
website <https://www.walsingham.org.uk>**POLISH MASS:** St Monica, Palmers Green, Sundays 3.30pm www.churchservices.tv/palmersgreen**BRENTWOOD PASTORAL DEAF SERVICE:** The only signed Mass streamed online is from
the Diocese of Westminster: <https://www.churchservices.tv/pottersbar> or from the Church's
own website look for the Live Streaming link near the end of the page <https://olasv.org.uk/>**COLCHESTER GENERAL HOSPITAL:** If you would like to arrange for a priest to visit a Catholic relative in hospital, please
contact the presbytery direct on (01206) 866317, subject to hospital restrictions due to virus.**ST. JAMES THE LESS AND ST. HELEN**
CATHOLIC CHURCH, COLCHESTER**WITH MERSEA, MILE END AND MONKWICK****1 PARISH, 4 CHURCHES, 1 COMMUNITY**Parish Priest:
Assistant Priest:
Assistant Priest:
Deacon:Mgr. Christopher Brooks
Fr. Nixon Gomes
Fr. Philip Willenbrock
Deacon Adrian Lowe**Address:** 51 Priory Street, Colchester, Essex, CO1 2QB**Tel:** 01206 866317**E-Mail:** colchester@dioceseofbrentwood.org**Website:** www.stjamesthelessandsthelen.org**TWELFTH SUNDAY IN ORDINARY TIME (A)****WEEK COMMENCING: 21ST JUNE 2020 - PARISH MASS BOOK PAGE**

Do not be afraid.....

Fear is a strange phenomenon, it never comes from God. Fear of other
people or their approval can lead us to forgo our religious beliefs. Think for a
moment of the Divine Love who willingly went to the cross to redeem the sin
of the world. That is the price Jesus paid to gain us an eternal reward. The
Heart of Mary prayed for endurance during this trial. These two complement
and inspire devotion. Two striking images of the Sacred Heart come to mind.
In one, Our Lord points to His heart, revealed as wounded by sin. In the
other, he stretches out his arms to invite us to come close to his heart.
For instance, take the example of Jeremiah when he was surrounded by
terror and fears makes an act of faith: "The Lord is at my side, a mighty hero;
my opponents will stumble." We too are invited to trust in God at all times
and make an act of Faith. "Do not be afraid", these are the words remarked
by Our Saviour to know that I have conquered the world. Sacred Heart of
Jesus, have mercy on us. Immaculate Heart of Mary, pray for us.

Fr. Nixon

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY	Morning Prayer	Temporarily suspended
DAILY	Rosary/Divine Mercy	
SUNDAYS:	Rosary/Divine Mercy	
2 nd SUNDAY MONTHLY	Eucharistic Adoration	
CHRISTIAN MEDITATION	Tuesdays in Crypt (8.00 _{pm})	

Dear parishioners and friends,

Thank you to everyone that has volunteered to act as Stewards/Cleaners; this has enabled us to open our church daily for private prayer from 10_{am} to 11_{am} and 7_{pm} to 8_{pm}. If you are able to assist in volunteering please contact the presbytery on (01206) 866317 as we still require Stewards/Cleaners after the evening sessions Saturdays & Sundays and Thursday mornings. In order to guarantee a safe environment for everyone, please observe the following guidelines when attending church for private prayer: -

- There is a one-way system in the church. Entrance will be via the main doors of church and exit will be through the side door.
- Read the instructions from the diocese displayed in the porch on entrance.
- Use the hand sanitiser provided on entrance and exit (*or your own*).
- 2 meters social distancing is to be observed at all times.
- Parish stewards and cleaners will be here to help and direct you.

Thank you for your support and we look forward to welcoming you back.

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Fr. Chris & Fr. Nixon will continue to offer private Mass each day at 8.15_{am} (Monday – Saturday) and 11.30_{am} on Sunday, with the intentions published in the newsletter. Exposition will take place daily from 7_{pm} to 8_{pm}, we will be praying for parishioners and their intentions.

- For Baptisms, Weddings and Funerals, please contact our parish office.
- Visiting for the Sacrament of the Sick is possible, under certain circumstances.
- Please note also the guidance issued by Rome and published on our website re indulgences.
- Mass Intentions. These can be posted/popped through the letterbox of 51, Priory Street and will be published in the newsletter, which will be available on the parish website.
- If you are self-isolating and would like to speak to a priest or have any worries, please contact us at the Presbytery on 01206 866317 and we will try to help you.

THE HOLY FATHER'S INTENTIONS FOR JUNE *The Way of the Heart.* We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially, Nicollas and Adam Campbell-Vencarto, Venetia Hetherington, Elizabeth Pace, Hilda Morah. Valerie Thurston, Joan Jeal. We pray for all persons who have contracted Covid-19

MARRIAGE MATTERS: (Jeremiah 20:10-13 Rom 5:12-15 Matt 10:26-33) ***Fear conceals itself...***

How easy to become paranoid, to wonder what others might be saying about us. These aspects can be present outside our relationship and within it; at their core is fear! Jesus continuously exhorts the Twelve, “do not be afraid...every hair on your head has been counted”. Living our life now in Christ, we will not fear what others think.

SVP Since the coronavirus lockdown we have seen the importance of a friendly neighbour. If you, or someone you know, would benefit from a “good neighbour” either now or when this crisis is over, please contact us using the details below. We are here to help with anything from practical assistance to just a friendly chat.

MAKING A DONATION: We have been asked: “How can I make my weekly contribution at this time?” There are a number of ways you can still donate: You can drop your envelopes or donations through the presbytery door, and/or cheques can be made payable to the Catholic Church Colchester and sent to The Presbytery, 51 Priory Street, Colchester, CO1 2QB. You can donate by Standing Order, please contact the Presbytery for Standing Order form. Alternatively, you can donate online using the Diocesan Online Donation platform:-

* St. James the Less & St. Helen <https://www.dioceseofbrentwood.net/donations?parish=colchester>

* St. Joseph, Mile End: <https://www.dioceseofbrentwood.net/donations?parish=colchester-c>

* St. Cedd & St. Gregory: <https://www.dioceseofbrentwood.net/donations?parish=colchester-b>

* St. Theodore of Canterbury: <https://www.dioceseofbrentwood.net/donations?parish=colchester-d>

where donations can also be gift aided. To those who have sent in offerings - Thank you very much for your donation. Everything that happens in our parish is only possible with your support.

GIFT AID SUBSCRIBERS: Please can you collect your new box sets from the church porch. Box sets are laid out in alphabetical order. Thank you.

PALM CROSSES: Please take a Palm Cross; these will be available in Church on route to exit.

MERSEA NEWS: Mersea will re-open for private prayer on Sunday 21st June from 8.30_{am} to 9.30_{am} and every Sunday thereafter.

GARDENING VOLUNTEERS NEEDED: We are looking for volunteers who are willing and able to contribute to the maintenance of the Church garden and outdoor space. No experience is necessary just a love of gardening! The volunteers under the guidance of Armando would help with watering, planting, weeding, garden maintenance at Priory Street. We all know gardening is good exercise for the body, but it can also provide excellent therapy for the mind. If you have the time and the interest, please contact the Presbytery office for details 01206 866317. Thank you.

COLCHESTER FOOD BANK: During these difficult times, more people are turning to Foodbanks for assistance in feeding themselves and their families. If you are able to take essential items to them they would be greatly appreciated. For more info & their address <https://colchester.foodbank.org.uk/locations/> Please remember local people in crisis in your prayers.

POPE FRANCIS: The Vatican has published a free, downloadable book, ***Strong in the Face of Tribulation***, containing prayers & homilies by Pope Francis for difficult times <https://www.vaticannews.va/content/dam/lev/forti-nella-tribolazione/pdf/eng/strong-in-tribulation-20042020.pdf>

BCYS: Many young people are facing a particular crisis of mental well-being at this time; if you are looking for resources where young people and families can find support, the following may be of some interest: <https://bcys.net/resource-category/wellbeing/>.

ACC'S COVID-19 CRISIS COUNSELLING SUPPORT SERVICE has been set up to help people who are experiencing difficult feelings, thoughts and circumstances because:

- They work within a NHS setting (medical and ancillary staff) and are being impacted by caring for people who have COVID-19, or
- They have been bereaved at this time, whether due to COVID-19 or another reason. The service offers up to ten sessions of counselling on a no-fee basis, either on-line or by telephone. To find out more please visit ACC's website www.acc-uk.org or if you don't have access to a computer, please ring 024 7644 9694.

PHISHING EMAILS: for the latest info on coronavirus-related scams and how to protect yourself: <http://actionfraud.police.uk/covid19>

➤ **SVP (St Vincent de Paul Society):** Tel: 07493 439427 or email: colchestersvp@gmail.com

➤ **CARDINAL BOURNE HALL BOOKINGS:** email: cb.hall@btinternet.com

or Tel: 07758 805263 [*answerphone only* – please leave a message with name + contact number. The hall is closed and all group activity suspended until further notice.
