

**THE BODY AND BLOOD OF CHRIST (A)**

HOLIDAY OF OBLIGATION

Sunday 14<sup>th</sup> Church 10.00 am Howard Ashcroft RIPMonday 15<sup>th</sup> Church 8.15 am **Feria**  
Stuart Gun RIPTuesday 16<sup>th</sup> Church 8.15 am **Feria**  
Private IntentionWednesday 17<sup>th</sup> Church 8.15 am **Feria**  
Anniversary: Mary Proudfoot RIPThursday 18<sup>th</sup> Church 8.15 am **Feria**  
Maria Bradshaw RIPFriday 19<sup>th</sup> Church 8.15 am **THE MOST SACRED HEART OF JESUS (A)**  
Joel + Filomena JimenezSaturday 20<sup>th</sup> Church 8.15 am **The Immaculate Heart of Mary**  
Sally Widman - ThanksgivingSunday 21<sup>st</sup> Church 11.30 am **TWELFTH SUNDAY IN ORDINARY TIME (A)** Day for Life  
Des Fuller RIP**SACRAMENT OF RECONCILIATION** (confession) By appointment – please contact us**SACRAMENT OF MARRIAGE:** At least six months' notice is required**BAPTISM COURSE:** Contact the parish office**Please pray for any parishioners who are suffering from the virus or self-isolating.**

Lord God, we entrust to you the families and communities affected by Coronavirus, wherever they may be.

We pray especially for health care workers, that you may guide and protect them.

We pray that your Spirit might inspire those researching new medicines and treatments. And in the midst of this, keep us strong in faith, hope and love. Grant us the courage and perseverance to be good neighbours.

May the words of your Son Jesus Christ in the Our Father, be our prayer as we entrust ourselves and all of us who are affected to your infinite power and love. Amen.

**LIVE STREAMING OF MASSES:** The following link is to a website that has live streaming of church services in the UK <https://www.churchservices.tv/>**WALSINGHAM:** the Shrine of Our Lady of Walsingham has a 24 hour livestream service website <https://www.walsingham.org.uk>**POLISH MASS:** St Monica, Palmers Green, Sundays 3.30pm [www.churchservices.tv/palmersgreen](http://www.churchservices.tv/palmersgreen)**BRENTWOOD PASTORAL DEAF SERVICE:** The only signed Mass streamed online is from the Diocese of Westminster: <https://www.churchservices.tv/pottersbar>, or from the Church's own website look for the Live Streaming link near the end of the page <https://olasv.org.uk/>**COLCHESTER GENERAL HOSPITAL:** If you would like to arrange for a priest to visit a Catholic relative in hospital, please contact the presbytery direct on (01206) 866317, subject to hospital restrictions due to virus.**ST. JAMES THE LESS AND ST. HELEN**

CATHOLIC CHURCH, COLCHESTER

**WITH MERSEA, MILE END AND MONKWICK****1 PARISH, 4 CHURCHES, 1 COMMUNITY**Parish Priest:  
Assistant Priest:  
Assistant Priest:Mgr. Christopher Brooks  
Fr. Nixon Gomes  
Fr. Philip Willenbrock**Address:** 51 Priory Street, Colchester, Essex, CO1 2QB  
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**Website:** [www.stjamesthelessandsthelen.org](http://www.stjamesthelessandsthelen.org)**THE BODY AND BLOOD OF CHRIST (A)****WEEK COMMENCING: 14<sup>TH</sup> JUNE 2020 - PARISH MASS BOOK PAGE**

Dear friends,

Last week, I took my last exam as part of my academic study for priesthood. People sometimes ask what we do in seminary all day, especially since formation for priesthood usually takes between four and six years. Although studying, essays and exams are important, intellectual formation is only a quarter of what students for the priesthood do. Seminaries (places where people go before being ordained a priest) divide the student experience into four areas: intellectual, pastoral, spiritual and human. These four pillars are all equally important, so as well as having classes each day, the student will also work at developing his relationship with God through prayer and spiritual direction, will undertake pastoral placements in parishes and will also have help with growing into as fully developed human as possible, often through an experience of living within the seminary community. Of course, no one is a finished article! God helps everyone to keep growing and changing through our lives, and these four areas also apply to everyone leading the Christian life. We are all called to pray and study to some degree and this should lead to evangelising and doing good works. All of this can sound daunting and hard work, but it is God who works in us and through us, he calls us to be the best possible version of ourselves we can be, so that we can be at our most joyful and prepared for the joy of the world to come.

Deacon Adrian

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**PLEASE SEE MASS SCHEDULE FOR ALL CHANGES**

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DAILY	Morning Prayer	<b>Temporarily suspended</b>
DAILY	Rosary/Divine Mercy	
SUNDAYS:	Rosary/Divine Mercy	
2 <sup>nd</sup> SUNDAY MONTHLY	Eucharistic Adoration	
CHRISTIAN MEDITATION	Tuesdays in Crypt (8.00 <sub>pm</sub> )	

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Dear parishioners and friends,

Can you help? We are preparing for Monday 15<sup>th</sup> June when we will be able to enter our Churches again. Initially, this will be for individual prayer only, which will take place daily from 10<sub>am</sub>-11<sub>am</sub> & 7<sub>pm</sub>-8<sub>pm</sub>. In order to do enable this, we need your assistance. We will have to observe certain practices to ensure hygiene and social distancing. Everyone entering & leaving the Church will need to sanitise their hands with hand sanitiser, which will be made available at the Church entrance & exit. For that reason, we need to have volunteers who will act as stewards, to welcome and direct those who enter the Church and volunteers who are willing to help clean parts of the Church before and after each morning prayer session. We will supply training and protective wear. You will work as part of a team and you will not be alone. We would request at least an hour or two of your time as often as you are able to help. We would be grateful if you could let us know what you could help with (i.e. as a member of cleaning team and/or giving time to act as a steward in the Church). Regrettably, If we do not have enough volunteers, we will not be able to open the church as often as we would like to. We appreciate that as parishioners return to work it may not be possible for many to give of their time in this way. Please have a think and pray about what you can do for our Parish Community. Once we have some sense of how many people are able to help we can proceed with our plans. If you are able to assist, please contact the Presbytery on 01206 866317. Thank you for your support and we look forward to welcoming back our parishioners and visitors to our Church. Please note that any parishioners who are in the shielded category cannot be considered for any of these roles for their protection.

Fr. Nixon/ I will continue to offer private Mass each day at 8.15<sub>am</sub> (Monday – Saturday) and 11.30<sub>am</sub> on Sunday, with the intentions published in the newsletter. Exposition will take place daily from 7<sub>pm</sub> to 8<sub>pm</sub>, we will be praying for parishioners and their intentions.

- For Baptisms, Weddings and Funerals, please contact our parish office.
- Visiting for the Sacrament of the Sick is possible, under certain circumstances. Please note also the guidance issued by Rome and published on our website re indulgences.
- Mass Intentions. These can be posted/popped through the letterbox of 51, Priory Street and will be published in the newsletter, which will be available on the parish website.
- If you are self-isolating and would like to speak to a priest or have any worries, please contact us at the Presbytery on 01206 866317 and we will try to help you.

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**THE HOLY FATHER'S INTENTIONS FOR JUNE *The Way of the Heart.*** We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.

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**PRAYERS FOR THE SICK:** We continue to pray for those parishioners we know who are sick and housebound especially, Nicollas and Adam Campbell-Vencarto, Venetia Hetherington, Elizabeth Pace, Hilda Morah. Valerie Thurston, Joan Jeal. We pray for all persons who have contracted Covid-19

**RECENTLY DECEASED:** Please pray for the repose of the soul of Raffaello Addio who has recently passed away. May he rest in peace. We pray for the comfort of his bereaved family and friends. Raffaello's funeral took place last week in Italy.

**MARRIAGE MATTERS:** (Deuteronomy 8:2-3, 14-16 1 Corinthians 10:16-17 John 6:51-58) **Feed your love.** Without food we die! Our wedding promise was to nourish each other so that we bring life to our marriage. We feed each other in all the little countless ways, but particularly in our tender lovemaking, our talking and listening, support and encouragement, particularly in times of doubt and uncertainty. In these ways our marriage will grow and shine.

**SVP** Since the coronavirus lockdown we have seen the importance of a friendly neighbour. If you, or someone you know, would benefit from a "good neighbour" either now or when this crisis is over, please contact us using the details below. We are here to help with anything from practical assistance to just a friendly chat.

**MAKING A DONATION:** We have been asked: "How can I make my weekly contribution at this time?" There are a number of ways you can still donate: You can drop your envelopes or donations through the presbytery door, and/or cheques can be made payable to the Catholic Church Colchester and sent to The Presbytery, 51 Priory Street, Colchester, CO1 2QB. You can donate by Standing Order, please contact the Presbytery for Standing Order form. Alternatively, you can donate online using the Diocesan Online Donation platform:-

\* St. James the Less & St. Helen <https://www.dioceseofbrentwood.net/donations?parish=colchester>

\* St. Joseph, Mile End: <https://www.dioceseofbrentwood.net/donations?parish=colchester-c>

\* St. Cedd & St. Gregory: <https://www.dioceseofbrentwood.net/donations?parish=colchester-b>

\* St. Theodore of Canterbury: <https://www.dioceseofbrentwood.net/donations?parish=colchester-d>

where donations can also be gift aided. To those who have sent in offerings - Thank you very much for your donation. Everything that happens in our parish is only possible with your support.

**GIFT AID SUBSCRIBERS:** Please can you collect your new box sets from the church porch. Box sets are laid out in alphabetical order. Thank you.

**PALM CROSSES:** These will be available from the Church porch when it is opened for private prayer from Monday 15<sup>th</sup> June.

**BCCS:** The Brentwood Catholic Children's Society is unable to host its popular *Ascot Ladies' Lunch* this year, but is asking for people to get involved in their 'Hats On for bccs' event in their homes or gardens on **Friday 19<sup>th</sup> June** or over that weekend. We are asking for families to have a little get-together at home or via an on-line medium, put on their hat or fascinator, raise a glass to absent friends & make a small donation to our fundraising page: <https://uk.virginmoneygiving.com/Team/Hatsonforbccs> or website: <https://www.bccs.org.uk/fundraising-and-events/all-events/hats-bccs> Thank you for your support at this difficult time.

**MASS FOR HOLY COMMUNION CHILDREN AND THEIR FAMILIES** Corpus Christi, **Sunday 14<sup>th</sup> June at 10.30<sub>am</sub>.** With a special message from Bishop Alan, and music recorded before lockdown from children's choirs across the Diocese, this Mass will be celebrated as a children's Mass, with simplified readings, and intercessions recorded by Holy Communion children. The Mass will be offered for the children and their families. On both YouTube and Instagram we are BrentwoodCYS, and more details of the Mass are at <https://bcys.net/events/corpuschristi/>

**JOSIE'S KITCHEN:** are looking for volunteers to '**knit for the homeless**'; Hats, Scarves, Gloves, Socks are all required for the winter season. If you enjoy knitting and have the time and spare wool, please consider giving a gift of warmth this coming winter.

**POPE FRANCIS:** The Vatican has published a free, downloadable book, **Strong in the Face of Tribulation**, containing prayers & homilies by Pope Francis for difficult times <https://www.vaticannews.va/content/dam/lev/forti-nella-tribolazione/pdf/eng/strong-in-tribulation-20042020.pdf>

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➤ **SVP (St Vincent de Paul Society):** Tel: 07493 439427 or email: [colchestersvp@gmail.com](mailto:colchestersvp@gmail.com)

➤ **CARDINAL BOURNE HALL BOOKINGS:** email: [cb.hall@btinternet.com](mailto:cb.hall@btinternet.com)  
or Tel: 07758 805263 [answerphone only – please leave a message with name + contact number. The hall is closed and all group activity suspended until further notice.

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