

NINETEENTH SUNDAY IN ORDINARY TIME (B)

Saturday 10th	<i>Monkwick</i>	5.00 pm	Anniversary: Robert Benford RIP
Sunday 11th	<i>Church</i>	8.00 am	Michelle Turner RIP
	<i>Church</i>	10.30 am	Thanksgiving for Jaiden Prince
	<i>Church</i>	2.00 pm	Polish Mass
	<i>Church</i>	6.30 pm	Private Intention
	<i>West Mersea</i>	8.30 am	Parishioners
	<i>Mile End</i>	9.30 am	Private Intention
Monday 12th			Feria
	<i>Church</i>	9.30 am	Christopher Aiken RIP
Tuesday 13th			Feria
	<i>Church</i>	9.30 am	Jerzy Dziadek + Maria Latacz RIP
	<i>Church</i>	6.30 pm	Our Lady of Fatima Procession+ Polish Mass
Wednesday 14th			St Maximilliam Kolbe, Pr, M
	<i>Church</i>	9.30 am	Ints: Marco
	<i>West Mersea</i>	7.30 pm	Victoria Culham RIP
Thursday 15th	HOLYDAY OF OBLIGATION		THE ASSUMPTION OF THE BLESSED VIRGIN MARY
	<i>Church</i>	9.30 am	Frederick, Elizabeth + Angelo Lucas
	<i>Church</i>	12.15 pm	Ints: Marco
	<i>Church</i>	7.30 pm	Private Intention
Friday 16th			Feria
	<i>Church</i>	9.30 am	Ints: Marco
	<i>Church</i>	11.00 am	FUNERAL MASS: Teresa Esther Emoli RIP
Saturday 17th			Memorial of the Blessed Virgin Mary
	<i>Church</i>	9.30 am	Ints: Jerome Raju

TWENTIETH SUNDAY IN ORDINARY TIME (B)

Saturday 17th	<i>Monkwick</i>	5.00 pm	John Dolomore RIP
Sunday 18th	<i>Church</i>	8.00 am	Holy Souls in Purgatory
	<i>Church</i>	10.30 am	Patrick Casey RIP
	<i>Church</i>	2.00 pm	Polish Mass
	<i>Church</i>	6.30 pm	Private Intention
	<i>West Mersea</i>	8.30 am	Parishioners
	<i>Mile End</i>	9.30 am	Private Intention

- ❖ For Baptisms, Weddings and Funerals, please email or contact our parish office.
- ❖ Baptism Godparents: A Godparent must be fully initiated in the Catholic Church. This means they have received the Sacraments of Baptism, Eucharist, and Confirmation. You only need one Godparent.
- ❖ Marriage Preparation: Please be aware that 6 months' notice of intention for Marriage is required especially if marrying outside the Parish. Couples who are planning to get married should contact us **at least 6 months** in advance. Thank you.
- ❖ Sacrament of Reconciliation (Confession) Saturdays after 9.30am Mass (Priory Street) and after 5.00pm Mass (Monkwick).

- **Cardinal Bourne Hall Enquiries/Bookings:** colchester@brcdt.org
- **SVP (St Vincent de Paul Society):** Tel: 07493 439427/email: colchestersvp@gmail.com



Please check out our Facebook page for all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to like and follow our page!

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



St James the Less & St Helen

Parish Priest: Mgr. Christopher Brooks
Assistant Priest: Fr. Philip Okoli

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St James the Less and St Helen RC Church, Colchester

NINETEENTH SUNDAY IN ORDINARY TIME (B)
WEEK COMMENCING 11TH AUGUST 2024

In the Gospel, Jesus presents himself as the "living bread" that came down from heaven, a declaration that challenges the understanding of his listeners. The murmuring of the Jews shows their struggle to reconcile Jesus' earthly origins with his divine claims. This passage presents Jesus who is the Bread of Life as the source of eternal life. He contrasts the manna eaten by their ancestors, which provided temporary sustenance, with the eternal nourishment he offers through his flesh. Pope Benedict XVI reflects on this mystery, noting that Jesus' gift of himself in the Eucharist is a response to humanity's deepest hunger for life and eternity. The invitation to partake in this living bread is a call to communion with Christ, who desires to dwell in our hearts. This profound relationship with Christ offers us not just physical sustenance but spiritual nourishment that leads to eternal life. The Gospel reminds us of the centrality of the Eucharist in our faith.

Fr. Philip

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY (Mon-Fri)	Rosary/Divine Mercy	at 8.45 am
DAILY	Morning Prayer	at 9.15 am
CHRISTIAN MEDITATION	Wednesdays (Cardinal Bourne Hall)	at 8.00 pm
LEGION OF MARY	Fridays (Cardinal Bourne Hall)	at 7.30 pm



THE POPE'S INTENTIONS FOR AUGUST: *For political leaders.*
We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

PRAYER FOR WORLD PEACE. Lord, we ask for your divine intervention and peace to prevail in Ukraine, Palestine and in every land wounded by war. We pray for all those suffering or afraid, that you will be close to them and protect them. We ask that you guide leaders and nations to work toward lasting peace and stability around the world. *Amen*



MARRIAGE MATTERS: (1Kings 19: 4-8 Ephesians 4: 30-32 5: 1-2 John 6: 41-51 **To love as God loves.** When we married we became a flesh and blood sacrament. Today, Jesus says *"I am the bread of life"*. We are 'food and drink' for each other. Let's continue to nourish one another in our marriages, in all those little ways, with tender words and loving actions and become more a 'sign' of God's love for the world.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Margaret Hawkins, Valerie Thurston, Jimmy Clarin, Grace McCartney, Diana Irven, Mrs. Maureen McKenna, Ron & Margaret Griffin, Peter Wyatt, Elizabeth Pace, Hilda Morah, Jason Christopher McLean, Nicollas and Adam Campbell-Vencarto, Maureen R. We also pray for all persons who are ill or are in need.



RECENTLY DECEASED: Please pray for the repose of the soul of Bernard John Shand who has recently passed away. The Parish community Bernards family and friends our condolences and the assurance of our prayers at this most difficult time. Bernard's reception into Church will be on Monday 19th August at 4.00pm and the funeral service will be on Tuesday 20th August at 10.45am.

BEREAVEMENT SUPPORT GROUP: When we lose someone we have loved, a relationship where we felt safe, or a job where we felt fulfilled, we are left with grief that affects us emotionally and spiritually. Working together with two neighbouring parishes, we offer opportunities for support at a time of bereavement and loss: Group support at St Teresa's, Lexden and St. John Payne's Greenstead and one to one help in St James the Less, Priory St. The leaders are trained and experienced and are or have been part of St Helena's Hospice Counselling and Emotional Support Team. More details on Notice Board, website and Facebook.

MARY'S MEALS APPEAL (SCHOOL + FOOD = HOPE): Please consider donating your leftover foreign currency to Mary's meals. Envelopes are available in the Church Porch, simply fill the envelope with your leftover foreign currency; UK coins and notes that are no longer legal tender and hand your sealed envelope into the Presbytery. Your kindness will help provide nutritious school meals to children living in some of the World's poorest countries and give desperately hungry children hope for the future.

LEGION OF MARY: The Legion of Mary invites parishioners aged 18 and older to join our weekly prayer meetings which will be held in Cardinal Bourne Hall **every Friday at 7.30pm** offering a dedicated time for fellowship and growth. Membership in the Legion does not require specific skills or advanced spirituality. Please do join us in a meeting.

NEW MASS BOOKS FOR THE CHURCH (Year C, Part 1): We are gradually having to replace all the parishioners' Mass books (*these are the Mass books on each of the benches in Church*). Parishioners may like to take this opportunity to sponsor new books on a smaller scale than the Lectionaries as each Mass book costs £5.95 (we will need a minimum of 300 books to cover all Parish Churches). If you would like to donate towards the Church Mass books, then please contact the parish office or put your donation in an envelope marked New Mass books. However big or small your donation it all helps! Thank you.

RCIA COURSE (registered candidates): We are pleased to advise that the RCIA course will commence on Monday 12th August at 7.30pm and should be finished by 8.30pm. The meetings will take place in the Church Crypt.



➤ **CUPPA CLUB:** We meet every Thursday from 10.00am to 11.30am in the Hall.
 ➤ **SUNDAY COFFEE MORNING** after 10.30am Mass in Cardinal Bourne Hall.

BRENTWOOD DIOCESAN ALTAR SERVERS' MASS is scheduled for **2pm on Saturday 21st September 2024**, at Brentwood Cathedral of St. Mary & St. Helen.

WALSINGHAM HOUSE 40TH AND 60TH ANNIVERSARY MASS, 12noon on 31st August at Walsingham House at Abbotswick, Navestockside, CM14 5SH. Mass will be celebrated by Bishop Alan; please bring lunch and enjoy an afternoon at the beautiful Diocesan retreat house especially for young people, just outside Brentwood. Everyone is very welcome – if you have ever been on retreat to Walsingham House, or helped as a teacher, catechist or youth leader, then do come to this very special Anniversary celebration. Mass will be offered for Fr Pat Sammon, RIP, who did so much to develop Walsingham House. More information at www.bcys.net.

"ADOREMUS" FESTIVAL, OSCOTT COLLEGE, BIRMINGHAM on Sat 14th SEPT; The "Adoremus" National Eucharistic Congress and Pilgrimage is taking place with representatives from dioceses across England and Wales. There is no charge for the coach but you will need to bring a packed lunch. If you would like to attend please contact the Diocesan Co-ordinator, Father Dan Mason at: frdanmason@brcdt.org

ADORE SPIRITUAL MINI-RETREAT 31st AUGUST 10am-1pm "Bear The Fruit Of The Spirit". Our transformed lives will help other people." Including Mass, Adoration, Praise, Prayer for the gifts of the Holy Spirit and inspiring guest speaker Maria Heath. Please register for the Zoom meeting in advance at bit.ly/ADOREAUG2024 More info at www.altonrenewal.com

INSPIRE, NURTURE AND ACCOMPANY YOUNG PEOPLE ON THE EDGE OF EAST LONDON. The parishes in the Romford Parish Partnership are recruiting a **Parish Partnership Youth Coordinator**. Salary £30,000/year, closing date 10th September 2024, start date no later than January 2025. This is a new role, with amazing potential to bring young people into leadership in the Church and provide a wide range of opportunities for them to live and deepen their faith within a diverse and vibrant part of London. Full details: <https://www.dioceseofbrentwood.net/diocese/working-for-us/>

WALSINGHAM HOUSE RETREAT MANAGER: Walsingham House at Abbotswick, the youth retreat centre for the Diocese of Brentwood, are seeking to appoint a Retreat Manager. For more info please see: <https://bcys.net/news/vacancies/> Closing date is Friday 30th August.

➤ **KNIGHTS OF SAINT COLUMBA:** George Johnson (BEM, Grand Knight) 07476 781885; George Benedict (Membership Officer) 07834 725890; email: george.johnson@ksc.org.uk

CHURCH CLEANING TEAM ROTA FOR AUGUST 2024

Friday 16/08/24: **Team 5** / Thursday 22/08/24: **Team 1** / Monday 26/08/24: **Team 2**

COFFEE MORNING ROTA FOR AUGUST 2024

11/08/24: Peggy & Anne / 18/08/24: Yolande + 1 / 25/08/24: SVP