

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK

1 PARISH, 4 CHURCHES, 1 COMMUNITY



Parish Priest: Mgr. Christopher Brooks
Assistant Priest: Fr. Paschal Uche
Assistant Priest: Fr. Philip Willenbrock

Address: 51 Priory Street, Colchester, Essex, CO1 2QB
Tel: 01206 866317
E-Mail: colchester@dioceseofbrentwood.org
Website: www.stjamesthelessandsthelen.org
St James the Less and St Helen RC Church, Colchester

NINETEENTH SUNDAY IN ORDINARY TIME ^(B)

Saturday 7th	Church	6.15 pm	Teresa Gray RIP
Sunday 8th	Church	8.00 am	Vera Kennedy RIP
	Church	10.30 am	Private Intention
	Church	2.00 pm	Polish Mass
	Church	3.30 pm	African Mass
	Church	6.30 pm	Canon John Bloomfield
	West Mersea	8.30 am	Keith Nichol RIP
	Mile End	9.15 am	Parishioners
	Monkwick	10.15 am	Robert Bradshaw RIP
Monday 9th			ST TERESA BENEDICTA OF THE CROSS, V M
	Church	9.30 am	Ints.Joanna & Greg
Tuesday 10th			ST LAWRENCE, Deacon, M
	Church	9.30 am	Ints.Barbara
Wednesday 11th			St.Clare
	Church	12.15 pm	Ints.Marco B.
Thursday 12th			Feria
	Church	9.30 am	Ints.Marco B.
	St.Cedd's	12.30 pm	FUNERAL MASS: Mrs. Maureen Gray RIP
Friday 13th			Feria
	Church	9.30 am	Lowell Clarin RIP
Saturday 14th			St Maximillian Kolbe, Pr, M
	Church	9.30 am	Frederick, Elizabeth & Angelo Lucas
			THE ASSUMPTION OF THE BLESSED VIRGIN MARY ^(B) HOLYDAY OF OBLIGATION
Saturday 14th	Church	6.15 pm	Dorothy Hawkins RIP
Sunday 15th	Church	8.00 am	Ints.Jim Lynas
	Church	10.30 am	Private intention
	Church	2.00 pm	Polish Mass
	Church	6.30 pm	People of the Parish
	West Mersea	8.30 am	Private intention
	Mile End	9.15 am	Kathleen & Victor Payne RIP
	Monkwick	10.15 am	Ints.Mary Davies

- ❖ For Baptisms, Weddings and Funerals, please email or contact our parish office.
- ❖ Visiting for the Sacrament of the Sick is possible, under certain circumstances.
- ❖ Sacrament of Reconciliation (Confession) Saturdays after 10_{am} Mass and 5.30_{pm}-6.00_{pm}
- ❖ Mass Intentions. These can be posted through the presbytery letterbox and they will be published in the newsletter (available on the parish website or via Facebook).
- ❖ If you are self-isolating and would like to speak to a priest or have any worries, please contact us at the Presbytery on 01206 866317 and we will try to help you.

LIVE STREAM: The Live Streaming of Masses is currently suspended

Please check out our Facebook page for Live Stream Masses and all the latest Parish/Diocese/Vatican news, Clergy/Church photos/videos. Please remember to [like](#) & [follow](#) our

NINETEENTH SUNDAY IN ORDINARY TIME

Week commencing 8th August 2021

^(B)

There are few characters in the Old Testament who are as heroic and powerful as Elijah. However, this Sunday we find him deflated, discouraged and maybe we could even say depressed. After defeating over 400 false prophets at Mount Carmel he then has serious women troubles Queen Jezebel threatens to end his life and he runs away scared. How quickly things can change once a mighty prophet he now seems a puny peasant. Perhaps we are familiar with the ups and downs of life and can be encouraged by this turn of events in which Elijah is encouraged by an Angel and given bread to eat, bread which is a foretaste of the Eucharist food for the journey. Our Christian life is not an endless random series of highs and lows, victories and defeats but rather a journey a pilgrimage we are going somewhere to someone. The Eucharist is not only food for the journey but a foretaste of the destination. Eternal union with God. As Padre Pio beautifully said God is our portion. He is our purpose and in the Eucharist, there is the author of all grace the source of all power. Commenting on prayer he said we must be content to make progress only by degrees. One day we will have legs to run and wings to fly but for now be patient and persevere. May the Eucharist be the food that sustains, nourishes and increases the life of grace within us cultivated by a steady on going on growing prayer life. Fr.Paschal

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY	Morning Prayer at 9.15 _{am}	All Temporarily suspended
DAILY	Rosary/Divine Mercy	
	Rosary/Divine Mercy	
2 nd SUNDAY MONTHLY	Eucharistic Adoration	
CHRISTIAN MEDITATION	Tuesdays in Crypt (8.00 _{pm})	



THE POPE'S INTENTIONS FOR AUGUST: The Church Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

Dear Parishioners and Friends,

Relaxation of Covid restrictions: There will no longer be restrictions on group sizes for attending communal worship. Our collective challenge, as restrictions are lifting, is to make sure we all continue to keep ourselves and others as safe as possible. Please note the following changes that will be implemented:-

- There will be an expectation that face coverings are worn in the Church, as per the advice of the Government (*unless, of course, a person is exempt from doing so*).
- As Social distancing rules have changed there will no longer be Church Stewards at Mass guiding people to their seats, this means that people now have the option of choosing where they wish to sit.
- We will retain a section of the church roped off for those who wish to maintain the 2-metre social distancing.
- Weekday Masses have returned to their normal time of 9.30_{am} with Morning Prayer at 9.15_{am}.
- Entrance to Church will be via the main door (no one way system needed)
- The side door will remain open for ventilation and can be used for exiting if wished.
- Communion will remain under one kind.
- Sign of peace will remain not physical
- For the time being there will be no singing at Mass
- We will continue to supply hand sanitiser stations at entrance and side door.
- An Offertory Collection box will be situated at side door; the donation station in church porch is also useable
- There will be no restrictions on the number allowed to attend Funerals, Baptisms and Weddings

Anyone displaying symptoms of Covid-19, or who has reason to believe that they have been in contact with someone who has, should not attend church or volunteer in any capacity until they have received medical advice that it is safe to do so.

MARRIAGE MATTERS: (1Kings 19: 4-8 Ephesians 4: 30-32 5: 1-2 John 6: 41-51) **To love as God loves.** When we married, we became a flesh and blood sacrament. Today, Jesus says "I am the bread of life". We are 'food and drink' for each other. Let's continue to nourish one another in our marriages, in all those little ways, with tender words and loving actions and become more a 'sign' of God's love for the world.

PRAYERS FOR THE SICK: We continue to pray for those parishioners we know who are sick and housebound especially Elizabeth Pace, Hilda Morah, Nicollas and Adam Campbell-Vencarto, Jim Lynas. We pray for all persons who have contracted Covid-19 and their families.

FIRST HOLY COMMUNION: The Certificates are ready for all children who celebrated their special day with Fr Chris and Fr Paschal this year. Collection is from the Presbytery.

GIFT AID ENVELOPES: There are still uncollected Gift Aid box sets in porch. Thank you.

RECENTLY DECEASED: Please pray for the repose of the souls of Evelyn Margaret Mackinnon and Randolph Jude Wright who have recently passed away. May they rest in peace. We pray for the comfort of their respective bereaved family and friends. Evelyn's funeral will be held at St Joseph's on 23rd August at 1.00_{pm} and Randolph's service details have changed and his service will be held at Colchester Crematorium at 12.30_{pm}.

CHURCH WELCOMERS: We would like to invite our "Church welcomers" to once again be an active presence at Mass. Please speak to Fr Chris if you are able to assist again. Thank you.

THE SVP WELCOME YOU TO A TEA PARTY ON SATURDAY 21ST AUGUST 2.30-5 PM. Book your tickets now as numbers will be limited. All profits will go to the church and SVP to help families and individuals in need. Afternoon Tea to include sandwiches, scones, and cake with unlimited tea! Tickets can be preordered using our email: colchestersvp@gmail.com or leave a message on our mobile: 07493 439427. Some tickets available following weekend masses. Amazing raffle prizes! Tickets: Adults £5; Children under 12 £2.50; Family (x2 Adults + x2 Children) £12.00. We look forward to seeing you.

BCCS RELAY 100: Parishioner Mark Healy is taking part in the BCCS Relay 100, which is organised by Brentwood Catholic Children's Society; Mark plans to run 3 legs in total on the 15th & 22nd August. You can sponsor Mark via the link. [Virgin Money Giving | Relay 100](#)

MARCH FOR LIFE: This day is a great celebration of the good work done for the culture of life by pro-life charities and individuals it seeks to inspire and inform and raise awareness of life issues namely the prevalence of abortion. Through the sharing of talks, testimonies, and entertainment the March for Life Day is an event for the whole family including entertainment, talks finishing with a joyful march from Westminster to Parliament square. If you are interested in participating please contact - [Details from Fr Paschal Re Coach Tickets/Booking seats etc..](#)

CYCLING FOR CHARITY ("Pedalling through the Pandemic"). Fr Dominic Howarth, a priest of the Diocese, has been cycling for many months, heading towards 5,000km – and he now has just 500km to go. He is raising money for the Brentwood Catholic Children's Society, Walsingham House, HCPT Easter Lourdes Group 709, and Help Refugees. For more info or to donate <https://www.justgiving.com/crowdfunding/frdominic5000at50>, Thank you.

(BCCS) BRENTWOOD CATHOLIC CHILDREN'S SOCIETY: Summer Newsletter https://www.bccs.org.uk/application/files/5916/2315/2865/bccs_Newsletter_Summer_2021.pdf

LIVING LAUDATO SI': Online Retreat on 15th – 18th October 2021. Open to all, this retreat will help personal prayer and reflection, and parish action, on the critical issue of care for God's creation. Bishop Alan will open the retreat, which will be led by expert speakers. For more information see the poster at the back of church or email laudatosi@dioceseofbrentwood.org

NEW TO THE PARISH? Then please complete one of our Parish Registration forms, which can be found in the porch at the back of the church.

PARISH FINANCES: If you wish to make an offering/donation this can be done in various ways:

- By dropping envelope through Presbytery door (please write on envelope Mass Offering or Parish Maintenance) or in the Donation Basket situated at Church entrance & Exit
- Diocesan Online Donation platform (where donations can also be gift aided):-
St. James the Less & St. Helen <https://www.dioceseofbrentwood.net/donations?parish=colchester>
St. Cedd & St. Gregory: <https://www.dioceseofbrentwood.net/donations?parish=colchester-b>
St. Theodore of Canterbury: <https://www.dioceseofbrentwood.net/donations?parish=colchester-d>

Everything that happens in our parish is only possible with your support. Thank you