

**THE MOST HOLY TRINITY (A)**Sunday 7<sup>th</sup>

Church 10.00 am

**Monday 8<sup>th</sup>**

Church 8.15 am Ursula + Belen De Jesus RIP

**Tuesday 9<sup>th</sup>**

Church 8.15 am Gertrude + Georg Brauckhaus RIP

**Wednesday 10<sup>th</sup>**

Church 8.15 am Frederick, Elizabeth + Angelo Lucas

**Thursday 11<sup>th</sup>**Church 8.15 am **St Barnabas, Ap**  
Ints: Thomas McElroy**Friday 12<sup>th</sup>**Church 8.15 am **Feria**  
Deceased Relatives of Betts Family**Saturday 13<sup>th</sup>**Church 8.15 am **St Anthony of Padua, Pr, D**  
Frederick, Elizabeth + Angelo Lucas**Sunday 14<sup>th</sup>**Church 10.00 am **THE BODY AND BLOOD OF CHRIST (A)** **HOLYDAY OF OBLIGATION**  
Howard Ashcroft RIP**SACRAMENT OF RECONCILIATION** (confession): By appointment – please contact us**SACRAMENT OF MARRIAGE:** At least six months' notice is required**BAPTISM COURSE:** Contact the parish office**Please pray for any parishioners who are suffering from the virus or self-isolating.**

Lord God, we entrust to you the families and communities affected by Coronavirus, wherever they may be.

We pray especially for health care workers, that you may guide and protect them.

We pray that your Spirit might inspire those researching new medicines and treatments. And in the midst of this, keep us strong in faith, hope and love. Grant us the courage and perseverance to be good neighbours.

May the words of your Son Jesus Christ in the Our Father, be our prayer as we entrust ourselves and all of us who are affected to your infinite power and love. Amen.

**LIVE STREAMING OF MASSES:** The following link is to a website that has live streaming of church services in the UK <https://www.churchservices.tv/>**WALSINGHAM:** the Shrine of Our Lady of Walsingham has a 24 hour livestream service website <https://www.walsingham.org.uk>**POLISH MASS:** St Monica, Palmers Green, Sundays 3.30pm [www.churchservices.tv/palmersgreen](http://www.churchservices.tv/palmersgreen)**BRENTWOOD PASTORAL DEAF SERVICE:** The only signed Mass streamed online is from the Diocese of Westminster: <https://www.churchservices.tv/pottersbar>, or from the Church's own website look for the Live Streaming link near the end of the page <https://olasv.org.uk/>**COLCHESTER GENERAL HOSPITAL:** If you would like to arrange for a priest to visit a Catholic relative in hospital, please contact the presbytery direct on (01206) 866317, subject to hospital restrictions due to virus.**ST. JAMES THE LESS AND ST. HELEN**

CATHOLIC CHURCH, COLCHESTER

**WITH MERSEA, MILE END AND MONKWICK****1 PARISH, 4 CHURCHES, 1 COMMUNITY**Parish Priest:  
Assistant Priest:  
Assistant Priest:Mgr. Christopher Brooks  
Fr. Nixon Gomes  
Fr. Philip Willenbrock**Address:** 51 Priory Street, Colchester, Essex, CO1 2QB**Tel:** 01206 866317**E-Mail :** [colchester@dioceseofbrentwood.org](mailto:colchester@dioceseofbrentwood.org)**Website:** [www.stjamesthelessandsthelen.org](http://www.stjamesthelessandsthelen.org)**MOST HOLY TRINITY (A)****WEEK COMMENCING: 7<sup>TH</sup> JUNE 2020 - PARISH MASS BOOK PAGE**

The Feast of the Most Holy Trinity is one of the great Feasts of the Church's year, celebrating a truth which is known only because it has been revealed by God. It is a truth central to our faith, that there are three persons in one God. We can note that there are two numbers in the phrase. Often what happens is people focus on 'three' and try to somehow imagine the three person being 'one'. However, the Nicene creed begins with the words, 'I believe in one God'. We can also call to mind something Jesus says at the Last Supper as recounted by St. John, 'Father, may they be one as we are one'. It is best to start from unity, I would suggest; after all, God was revealed in the Old Testament as one (as opposed to the many gods which were worshipped by the gentiles), over a period of about two thousand years. Jesus' prayer also reminds us that the Church is one, something stated in the Nicene creed as well; we don't have to make the Church one by sticking communities together, as it were. The Church was one on Pentecost, we are called to maintain that unity even though we are many.

Fr. Chris

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**PLEASE SEE MASS SCHEDULE FOR ALL CHANGES**

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DAILY	Morning Prayer	<b>Temporarily suspended</b>
DAILY	Rosary/Divine Mercy	
SUNDAYS:	Rosary/Divine Mercy	
2 <sup>nd</sup> SUNDAY MONTHLY	Eucharistic Adoration	
CHRISTIAN MEDITATION	Tuesdays in Crypt (8.00 <sup>pm</sup> )	

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While our churches remain closed the Bishops are working with others to draw up guidelines as to how Mass might be celebrated with various social-distancing and hygiene practices in place. Fr. Nixon/ I continue to offer Mass each day at 8.15<sup>am</sup> (Monday – Saturday) and 10.00<sup>am</sup> on Sunday, with the intentions published in the newsletter.

On a practical note, Mass intentions can be posted/popped through the letterbox of 51, Priory Street and will be published in the newsletter, which will be available on the parish website.

For Baptisms, Weddings and Funerals, please contact our parish office.

Visiting for the Sacrament of the Sick is possible, under certain circumstances. Please note also the guidance issued by Rome and published on our website re indulgences.

With the suspension of Sunday Masses and the lack of a Sunday collection, The parish continues to incur expenses. Several parishioners have made their weekly offering, sometimes in an envelope hand-delivered, others have posted cheques. Thank you. Parishioners may wish to set up a standing order, our parish office can help.

Please see our website for details of the Indulgence available to parishioners for joining in prayerfully while we are celebrating in church.

The Catholic Bishops' website has some good links, <https://www.cbcew.org.uk/>

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**MARRIAGE MATTERS:** (Exodus 34:4-6, 8-9 2 Corinthians 13:11-13 John 3:16-18) **Be united and live in peace.** In today's readings, God is revealed as full of compassion, tenderness and love for His people. Through the sacrament of marriage, we are called to reflect these qualities through our relationship with each other. When we are irritated and react angrily, it is important that we look at ourselves together, trying to recognise why, and seek to correct the causes.

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**THE HOLY FATHER'S INTENTIONS FOR JUNE *The Way of the Heart.*** We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.

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The Vatican has published a free, downloadable book, ***Strong in the Face of Tribulation***, containing prayers & homilies by Pope Francis for difficult times <https://www.vaticannews.va/content/dam/lev/forti-nella-tribolazione/pdf/eng/strong-in-tribulation.-20042020.pdf>

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**EXPOSITION:** Please note that this will take place daily from 7<sup>pm</sup> to 8<sup>pm</sup>, we will be praying for parishioners and their intentions.

**PRAYERS FOR THE SICK:** We continue to pray for those parishioners we know who are sick and housebound especially, Nicollas and Adam Campbell-Vencarto, Venetia Hetherington, Elizabeth Pace, Hilda Morah. Valerie Thurston, Joan Jeal. We pray for all persons who have contracted Covid-19

**SELF-ISOLATING:** If you are self-isolating and would like to speak to a priest or have any worries, please contact us at the Presbytery on 01206 866317 and we will try to help you.

**BISHOP ALAN'S HOMILY FOR PENTECOST SUNDAY:** If you missed it, you can listen to the Bishops homily for Pentecost here <https://www.dioceseofbrentwood.net/news/bishop-alan-pentecost-means-us/> & also the Pentecost Message for Confirmandi: <https://youtu.be/vNvmELVfyoE>

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**THY KINGDOM COME 2020:** Please join the Annual Novena to pray for Evangelisation. info at [www.thykingdomcome.global](http://www.thykingdomcome.global).

**SVP** Since the coronavirus lockdown we have seen the importance of a friendly neighbour. If you, or someone you know, would benefit from a "good neighbour" either now or when this crisis is over, please contact us using the details below. We are here to help with anything from practical assistance to just a friendly chat.

**MAKING A DONATION:** We have been asked: "How can I make my weekly contribution at this time?" There are a number of ways you can still donate: You can drop your envelopes or donations through the presbytery door, and/or cheques can be made payable to the Catholic Church Colchester and sent to The Presbytery, 51 Priory Street, Colchester, CO1 2QB. You can donate by Standing Order, please contact the Presbytery for Standing Order form. Alternatively, you can donate online using the Diocesan Online Donation platform:-

\* St. James the Less & St. Helen <https://www.dioceseofbrentwood.net/donations?parish=colchester>

\* St. Joseph, Mile End: <https://www.dioceseofbrentwood.net/donations?parish=colchester-c>

\* St. Cedd & St. Gregory: <https://www.dioceseofbrentwood.net/donations?parish=colchester-b>

\* St. Theodore of Canterbury: <https://www.dioceseofbrentwood.net/donations?parish=colchester-d>

Where donations can also be gift aided. To those who have sent in offerings - Thank you very much for your donation. Everything that happens in our parish is only possible with your support.

**GIFT AID ENVELOPES:** The new sets of envelopes are now available for collection from the Presbytery Mon/Wed/Fri 9<sup>am</sup> – 5<sup>pm</sup>. Due to Social Distancing rules, please ring the presbytery bell and stand well back from the door (2metres), advise us of your name + Gift Aid number + church that you attend and your envelope set will then be left on the Presbytery step which can then be collected once the Presbytery door has been closed. Thank you for your assistance and understanding.

**ST PAUL IN ACTS:** During the Easter period we have been hearing excerpts from the Acts of the Apostles at the Liturgy of the Word at Mass. It is from Scriptures such as these, which point to the priorities of Christian faith lived in the world, that we can reinvigorate our faith as we go forward from Pentecost to face new problems for the world and for the Church. Fr Adrian Graffy, Scripture scholar and parish priest of Gidea Park, has prepared a new talk 'Paul in Acts' which can be accessed by going to [www.whatgoodnews.org/faith-talks](http://www.whatgoodnews.org/faith-talks)

**MASS FOR HOLY COMMUNION CHILDREN AND THEIR FAMILIES** Corpus Christi, **Sunday 14<sup>th</sup> June at 10.30<sup>am</sup>.** With a special message from Bishop Alan, and music recorded before lockdown from children's choirs across the Diocese, this Mass will be celebrated as a children's Mass, with simplified readings, and intercessions recorded by Holy Communion children. The Mass will be offered for the children and their families. On both YouTube and Instagram we are BrentwoodCYS, and more details of the Mass are at <https://bcys.net/events/corpuschristi/>

**MARY'S MEALS:** The 2<sup>nd</sup> Message from the Executive Director of Mary's Meals (Daniel Adams) can be found here. <https://www.youtube.com/watch?v=ek0x5FbAypk>

**NHS TRACK & TRACE:** For official advice from the GOV.UK website on how the system works and advice on how to avoid being the victim of any possible scams as a result of the implementation of this system. <https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works>

**JOSIE'S KITCHEN:** are looking for volunteers to '**knit for the homeless**'; Hats, Scarves, Gloves, Socks are all required for the winter season. If you enjoy knitting and have the time and spare wool, please consider giving a gift of warmth this coming winter.

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➤ **SVP (St Vincent de Paul Society):** Tel: 07493 439427 or email: [colchestersvp@gmail.com](mailto:colchestersvp@gmail.com)

➤ **CARDINAL BOURNE HALL BOOKINGS:** email: [cb.hall@btinternet.com](mailto:cb.hall@btinternet.com)

or Tel: 07758 805263 [*answerphone only* – please leave a message with name + contact number.

The hall is closed and all group activity suspended until further notice.

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