

EIGHTEENTH SUNDAY IN ORDINARY TIME [B]

Saturday 4th	6.15 pm	
Sunday 5th August	8:00 am	John Ashdown-Hill RIP
	10:30 am	Holy Souls
	2:00 pm	Polish Mass
	4:00 pm	Filipino Mass
	6:30 pm	Margaretta Wright
<i>West Mersea</i>	8:30 am	Parishioners
<i>Mile End</i>	9:15 am	Clyde Jardim RIP
<i>Monkwick</i>	10:15 am	Leslie Hawken RIP

Monday 6th	9.30 am	MONDAY – Transfiguration Holy Souls
Tuesday 7th	9.30 am	TUESDAY – Feria Church Frederick, Elizabeth & Angelo Lucas
Wednesday 8th	12.15 pm	WEDNESDAY – St Dominic Church
Thursday 9th	9.30 am	THURSDAY – St Teresa Benedicta Church
Friday 10th	9:30 am	FRIDAY – St Lawrence Church Mary McGinley RIP
Saturday 11th	9.30 am	SATURDAY – St Clare Church Margaret Goode RIP

NINETEENTH SUNDAY IN ORDINARY TIME [B]

Saturday 11th	6.15 pm	
Sunday 12th	8:00 am	David & Anthony Hill RIP
	10:30 am	Parishioners
	2:00 pm	Polish Mass
	5:00 pm	Holy Hour
	6:30 pm	
<i>West Mersea</i>	8:30 am	Dec. Mem. O’Grady Family
<i>Mile End</i>	9:15 am	T. Tinneveld RIP
<i>Monkwick</i>	10:15 am	

SACRAMENT OF RECONCILIATION (confession): Saturday 9:45am - 10:30am; 5:30pm - 6.00pm
SACRAMENT OF MARRIAGE: At least six months’ notice is required
BAPTISM COURSE: www.stjamesthelessandsthelen.org under events where a list of course dates are available

COLCHESTER GENERAL HOSPITAL: If you would like to arrange for a priest to visit a Catholic relative in hospital please contact the presbytery direct on (01206) 866317, we can also arrange for a Eucharistic Minister to visit the patient so that they may receive Holy Communion if they do not require a priest visit or are long term in-patients.

ST. JAMES THE LESS AND ST. HELEN

CATHOLIC CHURCH, COLCHESTER

WITH MERSEA, MILE END AND MONKWICK



Mgr. Christopher Brooks
 Fr. Alex Poblador, RCJ
 Fr. Philip Willenbrock

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WEEK COMMENCING: 5TH AUGUST 2018 - PARISH MASS BOOK PAGE 114

When sending down manna each day upon the whole Israelite community, the Lord said to Moses, “*I propose to test them in this way to see whether they will follow my law or not.*” Similarly, when Jesus reveals to the crowd that he is “*the bread of God...which comes down from heaven and gives life to the world*”, he instructs them that they are to “*work for food that endures to eternal life*”. That work consists in believing in the one sent by God, precisely so that we may no longer live by our own ideas. We let go of our “*old way of life*” and put on “*the new self that has been created in God’s way, in the goodness and holiness of the truth*”.

PLEASE SEE MASS SCHEDULE FOR ALL CHANGES

DAILY	Morning Prayer	8:30am
DAILY	Rosary/Divine Mercy	8:50am
SUNDAYS:	Rosary/Divine Mercy	<i>following</i> 8.00am Mass
2 nd SUNDAY MONTHLY	Eucharistic Adoration	5.00pm-6.00pm
CHRISTIAN MEDITATION	Tuesdays in Crypt	8.00pm

PRAYERS FOR THE SICK: Under the new General Data Protection Regulation (GDPR) which came into force on 25th May, we are unable to print any names on the Prayer list without the sick persons written permission. Written permission can be sent to us either by email or letter – Our contact details are on the front of Newsletter.

PRAYERS FOR THE SICK: Please remember in your prayers, Nicollas and Adam Campbell-Vencarto, Pat Keene, Venetia Hetherington, Elizabeth Pace, Vicky Culham, Peter Ledgley

RECENTLY DECEASED: Please pray for the repose of the soul of Winifred Mary Healy who has recently passed away. May she rest in peace and we pray for the comfort of her bereaved family and those that mourn: Funeral details to follow.
The funeral of Paul Andrew Foster will take place here on Friday 17th August at 1pm.

NEXT BAPTISM COURSE: for new-borns and children up to age 6 yrs. will take place on **Thursday 27th September 2018** here in the Crypt from 7:30pm-9.00pm (entrance to Crypt is via Church). No appointment is necessary and all baptism dates will be arranged during the Course.

CONGRATULATIONS: To Ciaran and Kelly married here on Friday and Nathan and Charlotte married here on Saturday. May God grant you all of life's blessings and love's joys.

BAPTISM THIS WEEKEND: We welcome into the church through the Sacrament of Baptism Mia. God bless this child and congratulations to her family.

UPDATE ON FR. PHILIP: We are happy to advise that Fr Philip is now home. Thank you for all your kind thoughts and prayers.

OUR LADY OF FATIMA: The next procession is on **Monday 13th August at 6.30pm** followed by Mass in Polish/English.

MILE END NEWS: Coffee Morning today after the 9:15am Mass at St Joseph's will be held at the Dog & Pheasant – All are most welcome.

MONKWICK NEWS: Coffee Morning and yummy Cake Sale: Mary & Chris M are hosting this on **Saturday 11th August from 10am til 12 Noon** at St Theodore's Church, Prince Philip Road, Monkwick, CO2 8PA. We look forward to seeing you there – ALL ARE WELCOME.

MERSEA NEWS: The next Coffee Morning will be held on **Tuesday 14th August from 10.30am til 12.30pm** at the home of Judy Cooper - 62 East Road. All are most welcome.

WEDNESDAY FILM GROUP: The next showing is on **8th August with a start time of 1.15pm** screening "Arise Once More" & "A Time for Miracles". Everyone is most welcome. No Entrance fee just make a donation towards refreshments. Please see noticeboard for future films and dates.

COLCHESTER FOOD BANK: Thank you to all who donate and please keep donating items
ADOREMUS: the National Eucharistic Pilgrimage and Congress is being held in Liverpool **7th - 9th September 2018**. The Congress will encourage a deeper understanding and love of the

Eucharist and will offer people an experience of strength and solidarity in their willingness to "put God first" in their lives. If you are interested in attending, please contact the Presbytery office.

CANONESSES OF THE HOLY SEPULCHRE: The Community invite you to an afternoon talk "Who is my Neighbour?" on Sunday **7th October 2018**, by the Right Reverend Roger Morris (Area Bishop of Colchester). To book a place <http://www.canonesses.co.uk/event-bookings/> or call 01206 867296 ALL WELCOME!

PARISH BBQ: to thank Fr Alex for his services to our parish. We will be hosting a parish BBQ on **Sunday 26th August** after 10.30am mass. All food donations are most welcome *especially* salads, savouries and desserts - please can you liaise with Frances Galvin (01206 369568) *before* the event if you are able to bring food.

RECITAL AT MOOR HALL: Stephen King, organist of Brentwood Cathedral, will give a lunchtime recital in "Moot Hall", Colchester, on **Tuesday 14 August at 1pm**. As the Moot Hall is a secular venue, the programme is entitled "Strictly Come Dancing". All parishioners are very warmly invited.

BCYS ANNUAL YOUTH GATHER: 20th - 21st October 2018, Essex Outdoors, East Mersea. This event is open to those in school year 9 and above. New cabin accommodation and a brilliant range of outward bound activities. The cost includes lunch and dinner on Saturday 20th, breakfast and lunch on Sunday 21st, two Mersea activities, 2 BCYS workshops, and a night in a Mersea log cabin – all of this for just £50. This price is thanks to National Youth Sunday parish collections, to help us subsidise such opportunities. You can apply by creating an account at www.bcys.net and applying on the Events page.

PILGRIMAGE TO WALSINGHAM - SATURDAY 15th SEPTEMBER: If anyone is interested in going on the Pilgrimage to Walsingham (departing from Greenstead), please contact Ann Roughan on 07889101762 for info and to reserve seats on coach.

DATES FOR YOUR DIARY: -

- **WALSINGHAM HOUSE:** Official Opening **Sat. 1st September** Please see poster in porch.
- **ENGLISH HERITAGE OPEN WEEKEND:** On **Friday 7th + Saturday 8th September** at St James the Less and St Helen and at the Abbey of St John the Baptist on **Saturday 8th + Sunday 9th September** Please See poster in porch for more event details or check our website. under Events.
- **RIDE & STRIDE:** will be taking place on **Saturday 8th September** from 9.00am – 5.00pm Please see poster in porch or check our website under Events,

PLEASE NOTE: If you would like to be involved in this worthwhile event, but cannot physically take part on the day we are happy to advise that Jane Owens has volunteered to be our Parish representative and she will "Ride & Stride" on your behalf : To sponsor Jane in her worthy efforts please see her sponsorship form in porch.

- **ENGLISH HERITAGE OPEN WEEKEND ("Catholics in Colchester") Fri 14th & Sat 15th September** Please see poster in porch for more event details or check our website. under Events.

SVP (St Vincent de Paul Society): Telephone number - **07493 439427**.

CARDINAL BOURNE HALL BOOKINGS: cb.hall@btinternet.com or Tel: 07758 805263
[answerphone only – please leave a message]

CHURCH CLEANERS' ROTA: Thursday 9th August 2018: Team 1.