

Colchester Parish Mission

Be Renewed in Hope

Sunday 24th November - Sunday 1st December

ST. JAMES THE LESS & ST. HELEN WITH ST. CEDD & ST. GREGORY MERSEA, ST JOSEPH MILE END AND ST THEODORE MONKWICK

Fr Chris, Fr Philip, and the Community of Our Lady of Walsingham warmly invite you to take part in the Parish Mission entitled 'Be Renewed in Hope.' This mission will help you to deepen your relationship with God and uncover more the great joy and peace that can be found when you put him at the centre of your daily life. Space for discussion and questions will be provided and resources will be offered for you to take away and reflect upon. The sisters will also be visiting the sick and housebound as well as spending time in St Thomas More Primary School.

Who are the Community of Our Lady of Walsingham?

The Community of Our Lady of Walsingham (COLW - pronounced colway for short) are a new community based at their convent in Dereham. They are an Ecclesial Family meaning their community is made up of religious sisters, a lay branch, priest associates and, in the future, religious brothers and priests. Their charism as a community is to spread the spirituality of Walsingham, the joy which comes from giving one's 'yes' to God as Mary did.

Who is this retreat for?

You! No matter how much you feel you know about your faith, wherever you are in your journey and relationship with God, you are welcome to come along and find out more. It doesn't matter how much or little you know, what matters is an openness to hear the Holy Spirit speaking to you in a deeply personal way.

Do I have to attend all the talks and events?

No, you are most welcome to attend what you can, even if it is only one of the talks!

I work on weekdays, but still want to participate, what do you recommend?

We appreciate people have packed schedules and so, on most of the days, we will be running the same talk twice, at different times each day. So if you can't make the morning one, or vice versa the evening one, you can still attend. We will also have a retreat day on Saturday.

How much will it cost?

Nothing! But donations are always welcome to help cover costs and the sisters will be bringing along some items to sell including an All Saints Pick 'n' Mix!

Will there be anything available for children?

We particularly recommend our arts and crafts event on Tuesday for all ages, along with the retreat day on Saturday 30th. The community has plenty of experience helping people of *all* ages grow in their relationship with God. Children can come along to the shorter sessions and we will provide colouring and activity sheets for them, but please be aware that they will ultimately be your responsibility during these times.

Colchester Parish Mission: *Be Renewed in Hope*

Sunday 24th: Feast of Christ the King

10.30am St James & St Helen Colchester, Official Opening of the Parish Mission

Children's Liturgy will be offered during this Mass for ages 3 - 7.

If you wish your child to attend please make sure one parent/guardian accompanies them into the session.

6.30 pm St James Youth Mass followed by a pizza party for those in secondary school and up.

Monday 25th

WHAT IS CHRISTIAN HOPE?

11 am - 12:30pm St Cedd and St Gregory Mersea: refreshments, talk, sharing and time of prayer followed by bring-and-share lunch.

6:15 pm Adoration at St James and St Helen followed by **7:30 pm** repeat session from the morning concluding with Night Prayer of the Church at **9pm**.

Tuesday 26th

MODELS OF HOPE

10:30 am - 12:30pm St James & St Helen Colchester: talk followed by optional packed lunch.

4pm - 5:30 pm Advent Arts and Crafts followed by a brief time of prayer. All ages welcome!

6:15 pm Adoration at St James and St Helen followed by **7:30 pm** repeat session from the morning concluding with Night Prayer of the Church at **9pm**.

Wednesday 27th

HOPING AGAINST HOPE

10:30 am - 12:30 pm St James & St Helen Colchester: talk, sharing and optional packed lunch together

6:15 pm Adoration at St James and St Helen followed by **7:30 pm** Repeat session from the morning concluding with Night Prayer of the Church at **9pm**.

Thursday 28th

EDUCATING IN HOPE

10:30 am - 12.30pm St James & St Helen Colchester: Talk, sharing, prayer and optional packed lunch together

6:15 pm Adoration at St James and St Helen followed by **7:30 pm** Repeat session from the morning concluding with Night Prayer of the Church at **9pm**.

Friday 29th

MISSIONARIES OF HOPE

11 am - 12:30pm St Joseph, Mile End: talk, sharing & time of prayer followed by bring-and-share lunch.

Saturday 30th Retreat Day 11am - 4pm

THE JOY OF HOPE: ADVENT AS A PATH OF HOPE

St James and St Helen, Colchester

Refreshments, talks and lunch. Parallel sessions for children and young adults will be available.

Please bring along a packed lunch. Drinks and cake will be provided.