



**BECAUSE I'M
WORTH IT!**

What is the measure?

ARE YOU? Why? Worth what?

Who or what affirms you?

**A workshop to explore these themes, with
prayer and reflection-
both serious and light-hearted**

Who or what affirms You?

**...Affirms your faith in
the Church?**

...Your faith in Yourself?

...Your faith in God?

Further information Valerie Quinlivan tel. 07941903227

**Saturday 23rd
September
11am -3pm in the
Cardinal Bourne Hall**